

#### WATERSHED NEWS INC - COMMUNITY NEWSPAPER

#### CONTACT INFORMATION:

Watershed News is located at the Wickepin Community Resource Centre.

Address 24 Wogolin Road, Wickepin 6370

Postal Address PO Box 60 WICKEPIN WA 6370

Phone 9888 1500

Fax 9888 1588

Email: watershed@wn.com.au

PRESIDENT: Denise Corke SECRETARY: Sandra Podmore TREASURER: Pam Carden

#### IMPORTANT INFORMATION

Advertising Rates	Full Page \$30.00	1 Page \$15 00	½ Page \$8.00	Business Card \$5.
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- Publishing is Fortnightly on Mondays.
- Submissions need to be in by 1pm on day of publishing.
- All submissions would be preferred in Word.
- All advertisements, classifieds must be submitted with clear contact details, including a postal address, phone number and email.
- Watershed News is printed in black and white only.
- Shire of Wickepin Community groups are entitled to  $\frac{1}{2}$  page advertising, free of charge.

#### Disclaimer

The views expressed in the publications of the Watershed News are not necessarily those of the editor/s or other volunteers who produce it. We reserve the right not to print articles that are inappropriate.

Next edition of Watershed News
TUESDAY 26<sup>th</sup> April 2022

### **Community News**

Due to the Anzac Day public holiday on 25<sup>th</sup> April, Watershed News will be collated on Tuesday 26<sup>th</sup> April and will be available to the public on Wednesday 27<sup>th</sup> April.



Happy Birthday to Zen Mutton, Robert Bennier, Ron Timms, Jake Turner, William Thompson, Ashleigh Tetlow-Dunn, Damien Orchard, Jack Mead, Dossie Fleay, Denise Corke, Phillipa Gardener.

Sincere sympathy is extended to Greg Williams and family on the recent passing of Greg's wife Vicki (nee Knox).



A crew from the Albany Surf Living Saving club stayed overnight with Lindsay and Denise Corke during the week. They were meant to be competing in a Masters event in Queensland for the week but because of the uncertainty of border restrictions they cancelled this venture some months ago. As they had already applied for leave from work and other commitments, they decided to do a rowing tour of lakes. They planned the week starting at Lake Poorrarecup, then Lake Nunijup staying overnight at a family farm then onto Lake Towerrinning with an overnight stay at the campground, then onto Yealering where they camped in the Corke's shearing shed and from there to Lake Dumbleyung camping overnight before returning to Albany. They enjoyed rowing on the lakes which is completely different to their usual ocean rowing. Denise's sister-in-law Dani Lynch is part of the crew and organised the stay at



Yealering. They were most impressed with Yealering and thought the foreshore around the lake and the sporting facilities looked fantastic. They are thinking about building a boat to compete in the next Lake Yealering Regatta in October 2023 but would like to return in September this year for the wildflower season.



BlazeAid are in town. If you can spare a few hours to work with a fencing team, contact Rob on 0400 987 529. A group of members are pesently camped at the Wickepin Community

Centre and working with information supplied by the Shires covering 13 properties. Volunteers go out daily to assist with fencing and other repair work.

Donations of meals and biscuits, slices, etc. for dinners, morning and arvo teas would be most appreciated.

Further information can be obtained through their website and donations are welcome which may be nominated for your area of preference. Currently there are 18 work camps operating in devastated areas thoughout Australia. BlazeAid was established in 2009.



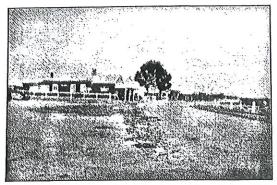
This is a picture of my first ever attempt @ making Hot Cross Buns, courtesy of your recipe. I can tell you the missing flour amount is 3 cups. Yummo ...thanks, John Mearns.

PS: Nice to see our readers making the recipes in our local paper.

#### A Colourful History within the Shire of Wickepin: The Oasis Hotel.

In December 1926 Honor Waugh opened her boarding house, the Kia Ora Hostel, behind the site of the old shop. She operated the hostel until 1931. EMILY GRAY tells what it was like to work at the hostel.

KIA ORA Hostel opened in December 1926. I don't remember the exact date. I was scared stiff as I had never worked off a farm before and had heard such tales about commercial travellers, which all proved untrue. I never met one who said or did a thing that was not gentlemanly.



Outback oasis: The Kia Ora boarding house in Harrismith in 1936. Picture: Ruth Astbury

Mrs Waugh was only five years older than I, but well experienced in public life. We got along well together. I had a lifetime of experience with small children, and got on well with the three young Waughs.

If I remember rightly, we started with five regular boarders, namely Irene Parnell, who worked in the Post Office, Edna Smith, Jim Baxter from the Co-op Store, and Jim Beaty and George Kingshot during wheat lumping season.

In the shop attached to the hostel, we sold cool drinks, sweets and cigarettes. I liked the shop and had lots of fun there especially on Sunday afternoons when there was cricket or

football according to the season. We sold no alcohol, but there generally was plenty of 'Sly Grog' about and for special occasions 'The Heads' would get a special license to sell for a specified time in the shed behind the Hall, known locally as 'The Soak'.

The morning after the annual Agricultural Show, or some other important event, what sights we would see. Such as Mick Fury sitting on the back verandah praying to The Virgin Mary to take care of him, Mick Ryan wandering round continuously losing his matches, and Joe Kiesly coming to the kitchen door about every half hour, for "A bottle of loom and sodar". He was English.

One day Eleanor, who was then 5½ years old came crying from the side verandah: 'Mum, I sat down on some gentle Jesus.' Mrs Waugh, realising what had happened, sat down, turned her face down across her knees and commenced picking double gees out of her rear end. She was told they were double gees but for a long time persisted they were 'double Jesus'.

Each year when the wheat lumping season commenced, a big black cat came to live under the hall by day and roam the wheat stacks for mice at night. He was a gorgeous creature, more like a panther than a domestic cat, sleek and shining and moved with the grace of a jungle cat. Mr Whitford bought a white she cat for his wife and two daughters, and it was put in a shed at nights so that it wouldn't wander away.

Wheat carting season arrived and so did Panther. Got the scent of Snowy, with the usual result, a midnight serenade, which kept the Whitfords awake, and Mr Whitford shot panther and buried him in the scrub. About a fortnight later, with the temperature over 100°F in the shade, we couldn't find Stewart. Eventually (we) saw two small heads up in the low scrub. Mrs Waugh went to investigate and found Stewart and Leslie Whitford with a shovel, energetically digging to see if God had taken the cat up to heaven.

Mrs Waugh's mother came to Kia Ora to live and help with the cooking. In hot weather lots of brown blowflies used to come down the dining room chimney and end up on the inside of the kitchen wire door. One evening Ian was sitting by the door, catching blowflies, and pulling their wings off. Mrs Stewart grabbed the broom and started sweeping up crawling wingless flies, saying: "Bluey, you dirty boy, leave those blowflies alone." Ian was crawling round the floor gathering up his treasures, saying: "They are not blowflies Granny, I turned them into beetles."

Just before Agricultural Show day we tried to think of some thing different to sell on our stall. Decided to try toffee apples. The day before the show, bought several dozen small red apples, and wooden skewers, made a big pot of toffee and while I poked the skewers into the apples Mrs Waugh dipped them into the toffee and put them on flat trays covered with grease proof paper.

Next morning – tragedy – the toffee hadn't set properly. We decided to take them and by the end of the day many parents were 'blessing' us. "Mum, Dad, can I have a penny sticky apple". We sold them all.

Another incident I well remember, Arthur Harris was selling tomatoes for 2/- a case. Mrs Stewart decided to get two cases to make tomato sauce. The day the tomatoes came Mrs Stewart had to go to hospital with a large carbuncle on the back of her neck. The tomatoes ripened very quickly and Mrs Waugh decided we must do something about them or we would be in for it when Mrs Stewart came home. Neither of us had ever made tomato sauce, so got out the cook books, selected a recipe we thought we could manage and got started. Cut up the tomatoes into the big cast iron boiler, added the other ingredients called for and on top of the stove: Boiled for time stated in the book, carefully strained it through butter muslin and back into the boiler to boil again, but it would not thicken. The tomatoes had been too ripe. What to do next. Corn flour or gelatine were out. One of us suddenly thought "pie melon". It has very little flavour and good thickening qualities. We skinned and seeded 9 lb. of melon, put it through the finest cutter on the mincer and into the boiler. Half hour's boiling and — beautiful.

We cooled, bottled and sealed our tomato sauce. Mrs Stewart arrived home a few days later and while having a late cold lunch, said "I'll bet you two let those tomatoes go to waste". Mrs. Waugh answered "We made the sauce". "How did it turn out?" asked Mrs. Stewart. "Like to try some?" Mrs Waugh asked as she brought a bottle from the pantry.

Mrs Stewart pronounced it very good but said: "I've never seen tomato sauce with little lumps of jelly in it before." We both started to giggle.

She looked at us very suspiciously and demanded: "What have you two been up to". We told her the story and she said: "Well. I have never heard of melon in tomato sauce before but this

has certainly been a success".

As time went on we received many compliments on our home made tomato sauce.

(Emily Gray worked at the Hostel for Mrs Waugh for five years in the 20s and early 30s. Emily came from Dudinin and it was 1982 when her brother, Tom Gray, passed away there. She married Ray Trimble. Eleanor Toy has the original copy of the above story.)

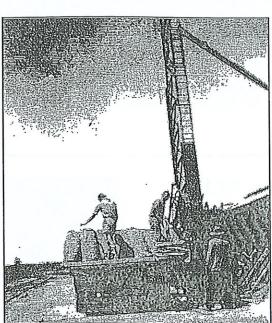
There is a ground plan of Kia Ora which is in the files at the Wickepin Shire.

Honor Waugh had the Kia Ora built and opened on December 13, 1926. In 1935—36 Harold and Clare Dare leased the building from Honor followed by Mrs Wilson, 1936, for a few years. It was then leased by Bob and Mary Stewart until 1945 or 46 when Honor sold out to Steve and Ruth Astbury who, in February 1962, changed it from the Kia Ora Hostel to the Oasis Hotel by adding the bar at the front.

Steve passed away in 1970 but Ruth continued, with a reputation for very good

meals, until 1998 when she passed away. Daughter June Worthington had returned a few years earlier to help and on the passing of her mother, took over the Oasis, selling to Russell and Judy Gray who, on June 1, 1999, settled in and commenced the changes that have been going on. The floor s are all timber and have come up beautifully. The boarding house was well built in 1926 and has been brought to life again in 1999.

Emily Gray worked at Kia Ora from opening until 1931. Violet Stewart, aged 15, was there in 1928/29 and Charlie Wardrop worked at The Oasis in the 1980s.



Hard work: Jim Black, left, Charlie Black and Gordon Granger unload sacks of wheat at the CBH bin at Harrismith in 1951. Picture: Bill Dowdell

With kind permission from Author: Mary Taylor

Next Edition: The "Oasis" in latter times.

# St John

Date - 28th April 2022

Course - HLTAID011 - Provide First Aid

1 day course with prior online learning

Time: 8.30am - 4.30pm
Please arrive 15 mins prior

Cost - \$160

A USI number is needed to register for these courses.
If you do not already have a USI number, you can create one at https://www.usi.gov.au

# Upcoming First Aid Courses

© the Wickepin Sub-Centre

Date - 28th April 2022

Course - HLTAID009 - Provide CPR

4 hour course with prior online learning

Time: 8.30am - 12.30pm

Please arrive 15 mins prior

Cost - \$89

To register for either of these courses go to:
https://stjohnwa.com.au/first-aid-training/first-aid-courses
and select the course name and training location from the list, or phone the
First Aid Support Team on 9334 1233 and select option 1.

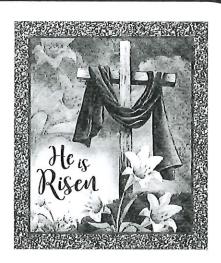
If you run into any booking issues, or would like further information please contact Susie at the Wickepin CRC - 9888 1500

#### WICKEPIN ANGLICAN CHURCH

Johnston Street, Wickepin Enquiries: Irene 0437 801 026, Elaine 0428 898 025

#### EASTER SUNDAY SERVICE

17th APRIL @ 8.00am
BISHOP IAN COULTS OFFICIATING—EUCHARIST
All denominations welcome



#### ANGLICAN CHURCH

Johnston Street, Wickepin

#### Services at 8.00am 1st and 3rd Sundays



All welcome Morning tea served after service Phone 0437 801 026 or 0428 898 025



# BLAZEAID. ARE IN TOWN IEED OUR HELP!



# BlazeAid

Helping Communities Rebuild

After Natural Disasters

BlazeAid is a volunteer organisation that works with people in rural Australia affected by natural disasters such as bushfires! Volunteers have travelled from various parts of Australia to replace boundary and internal stock fences lost in the recent Narrogin/Wickepin fires.

As these Blazeaid volunteers work tirelessly to help our community, we are putting the call out for any willing hands to help. If you can spare a few hours to work with a fencing team, contact Rob on 0400 987 529

Donations of prepared meals such as lasagna, quiches, "One Pot Wonders" etc for the volunteers evening meals as well as slices, cakes and biscuits for morning/afternoon teas would be greatly appreciated and can be dropped off at the Wickepin Community Centre to Broni - 0467 326 046

A 'Food Donation Box' with a list of suitable dontations has been set up at Ewen Rural Supplies's for anyone wishing to donate items.

We thank you for your support of these amazing volunteers!





### Central Agcare

# COUNSELLING

Free, confidential counselling services are available to all. We offer counselling to all age groups from 5 years of age.

Face to face counselling or by phone servicing the Corrigin, Bruce Rock, Narembeen, Kulin, Kondinin, Hyden, Quairading, Brookton, Pingelly, Cuballing & Wickepin areas.

Sand play and Art Therapy is available for children at the Corrigin office.

We are qualified Family Counsellors who can help individuals, couples and families negotiate their way through distressing experiences and bring understanding to them such as:

Anxiety

Depression

Life changes (physical & mental)

Abuse (past and present)

Loss and grief and

Relationship issues (home & work)

We are here to help.

Contact our Counsellors:

Joyce Contos: 0428 891 244

Anne Hague: 0427 133 711



### COUNCIL NOTES (I)



### 12 APRIL 2022

#### ASTROTOURISM – WICKEPIN & YEALERING

The Wickepin Astro Weekender was very well received. The Astro Photography session started in the Yealering Hall on Friday 01 April with a presentation by 'Mike' who went through the basics of using a DSLR camera to capture the night sky. After the presentation, the group congregated by the lake shore to set up their cameras and tripods. A number of children, who also came along, took advantage of asking some great questions and interacted with everyone. Mike and Riley were informative and entertaining. Some of the participants picnicked by the lake. Apart from some cloud cover, the conditions were perfect.

This was then followed by a "Stargazing" night at Wickepin Oval on the Saturday night. Four high tech (and impressive) telescopes were set up on the oval. There were three presenters from Astro Tourism, Mike and Riley joined us once again, along with Rob who volunteered for the evening and brought along a very large telescope which the children (and adults) were enthralled with. Astro Tourism brought along their lazer pointers and gave the spectators a tour of the sky. Both children and adults asked some fabulous questions and were entertained the entire time. We were very fortunate to have open skies directly above the oval.

The Friday night session attracted approximately 30 participants. A number of Yealering locals attended with approximately half of the participants travelling from Narrogin and Perth, bringing patronage to both

the caravan park and the hotel.



Saturday night's stargazing session attracted approximately 40 participants with a good blend of both children and adults. The majority of participants travelling from Perth and Narrogin with the remaining being Wickepin locals.

Thank you to Cr. Corke and Cr. Mearns for presenting a welcoming speech to both Astro Tourism and patrons. Also, thank you to Cr. Miller for coming along with his family to participate.

Lake Yealering Regatta Committee sold themed cupcakes along with tea and coffee on both nights which was a success. Thanks to Kym Smith for doing such a fantastic job.

#### **CEO RESIGNATION**

Council has accepted the resignation of our long serving Chief Executive Officer Mr Mark Hook, effective 16 July 2022.

The process of recruiting a replacement CEO has commenced and will be undertaken by Council in conjunction with an independent consultant, John Phillips Consulting. This process will take 3 – 4 months and it is envisaged the new CEO will commence August/September 2022.

#### LICENSING CLOSED UNTIL FURTHER NOTICE



Due to a technical failure, licensing at the Shire office is still unavailable until replacement hardware arrives.

The Shire of Cuballing and the Shire of Narrogin licensing services are available as an alternative. We thank you for your understanding.

Continue to watch our Facebook page for further updates.



### 12 APRIL 2022

#### **WESTERN AUSTRALIAN FIRE AND EMERGENCY SERVICES AWARD 2022**

The WA Fire and Emergency Services (WAFES) Awards are currently open for nomination until Monday, 2 May 2022.

These awards are an opportunity to acknowledge the outstanding achievements of our DFES volunteers (INCLUDING BFB members) and staff throughout WA. The awards honour the achievements of our VOLUNTEERS, career firefighters, corporate and operational staff who have shown EXCEPTIONAL DEDICATION to duty within the past 12 months.

For your BFB members, The Murray Lang Bush Fire Service Award, is the HIGHEST individual honour one can receive as a Bush Fire Service VOLUNTEER. It is presented to a volunteer who has gone ABOVE and BEYOND what is expected of them and made an exceptional contribution in the last 12 months.

For further information or to submit a nomination, please head to

https://www.dfes.wa.gov.au/site/awards/wafesawards.html

With the recent Narrogin East Fires this is timely and we encourage you to submit your nomination.



#### **ANZAC DAY SERVICE 2022**

The Wickepin Shire would like to invite the Community to the Wickepin Anzac Day Service and Official Reopening of the Memorial Gardens to be held on Monday 25 April 2022 at the Wickepin War Memorial.

The Service will commence at 9.30am. Morning tea will be held in the Wickepin Hall at the conclusion of the event. Please bring a small plate to share.

#### **UPCOMING FIRST AID COURSES**

Are you looking to brush up on your first aid knowledge? The Wickepin Sub Centre are holding two first aid courses on Thursday April 28, 2022.

- HLTAID011 Provide first aid
- HLTAID009 Provide CPR

Go to https://stjohnwa.com.au/first-aid-training/first-aid-courses to book your spot or contact Susie at the Wickepin CRC – 9888 1500, if you need any assistance with registration.



#### **NEW & IMPROVED - WEBPAGE**

The Shire of Wickepin Events Calendar is now up and running. Jump onto www.wickepin.wa.gov.au

for a full list of what's happening within the shire!

UPCOMING MEETINGS/EVENTS 2022		
Wed 20	Ordinary Meeting of	3.30pm
Apr	Council	
Thurs 21	LEMC Committee	3.00pm
Apr	Meeting	
Mon 25	ANZAC Service	9.30am
Apr	Wickepin	
Mon 2	Albert Facey	1.00pm
May	Homestead	
	Committee Meeting	
Wed 4	Lifestyle Retirement	9.30am
May	Committee Meeting	

77 Wogolin Road, PO Box 19 WICKEPIN 6370 Phone: 9888 1005 Fax: 9888 1074

# What's On In Wickepin Shire

Mondays:

Watershed News every second Monday from 14th February 2022

Fit Pursuit 5.45am-6.30am @ Wickepin Community Centre

Tuesdays:

She Shed He Shed - @ Old Recycling Shed Richter St- 9am-12noon

Pathology Service~ Appointment Only @ Wickepin Health Centre

Body Pump 5pm-6pm @ Wickepin Community Centre

Yoga at Dudinin Hall 6pm – 7.30pm – all welcome

Wednesdays:

Every Wednesday- Social Arts & Crafts @ 9.30am - Joyner St

Thursdays:

Fit Pursuit 5.45am~6.30am @ Wickepin Community Centre

Wickepin Playgroup 9.30am – 11.30am during school term.

Local Vocals with Mazz – 6pm in Narrogin

Every 3rd Thurs

Community Bingo @ Wickepin Community Resource Centre 10am

Fridays:

Every 2nd Fri

Cuppa & Chat @ Wickepin Community Resource Centre at 10am.

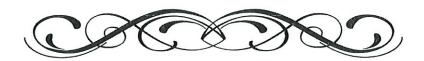
Saturdays:

Banksia Bowmen Archery~ Wickepin Community Centre @ 9am

Club Equipment Available

Sundays:

Anglican Church every 1st & 3rd Sunday @ 8am



#### **Watershed News 2022**

#### **Publication Dates**

Monday 10<sup>th</sup> October

Monday 24<sup>th</sup> October

Monday 7<sup>th</sup> November

Monday 21st November

Monday 19<sup>th</sup> December

Monday 5<sup>th</sup> December

#### **Distribution Dates**

Tuesday 11<sup>th</sup> October

Tuesday 25th October

Tuesday 8th November

Tuesday 6th December

Tuesday 20<sup>th</sup> December

Tuesday 22<sup>nd</sup> November

Monday 14th February	Tuesday 15 <sup>th</sup> February
Monday 28 <sup>th</sup> February	Tuesday 1 <sup>st</sup> March
Monday 14 <sup>th</sup> March	Tuesday 15 <sup>th</sup> March
Monday 28 <sup>th</sup> March	Tuesday 29 <sup>th</sup> March
Monday 11 <sup>th</sup> April	Tuesday 12 <sup>th</sup> April
Tuesday 26 <sup>th</sup> April	Wednesday 27 <sup>th</sup> April
Monday 9 <sup>th</sup> May	Tuesday 10 <sup>th</sup> May
Monday 23 <sup>rd</sup> May	Tuesday 24 <sup>th</sup> May
Tuesday 7 <sup>th</sup> June	Wednesday 8 <sup>th</sup> June
Monday 20 <sup>th</sup> June	Tuesday 21 <sup>st</sup> June
Monday 4 <sup>th</sup> July	Tuesday 5 <sup>th</sup> July
Monday 18 <sup>th</sup> July	Tuesday 19 <sup>th</sup> July
Monday 1 <sup>st</sup> August	Tuesday 2 <sup>nd</sup> August
Monday 15 <sup>th</sup> August	Tuesday 16 <sup>th</sup> August
Monday 29 <sup>th</sup> August	Tuesday 30 <sup>th</sup> August
Monday 12 <sup>th</sup> September	Tuesday 13 <sup>th</sup> September
Tuesday 27 <sup>th</sup> September	Wednesday 28 <sup>th</sup> September



A pair of Pink & Grey Galah's

There's been a strong influx of various "cockatoos" this past Summer, all helping themselves to our abundant water, jam wattle seed, gum blossoms and 'easy pickings' of grain.

As well, excellent roosting trees in and around town.

"Location! Location!"

Pink & Grey Galah's live to around 25 years in the wild, but they can live as long as 80 years when kept as a pet.

Like other "cockatoos", they're excellent mimics of voices and sounds.

Their vocal talents, along with their colour and hilarious personalities, have made them a very popular pet choice.

Listen out for their happy calls, as you put your PINK colouring pencils to work!

**Ref.fnpw Backyard Buddies** 

#### Rainfall registered at the Wickepin Post Office

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As of 11th April 2022



I used to think I was indecisive. But now I'm not so sure.

#### Classified

For Sale:

6 x Original Landcruiser 6 stud rims and tyres. 7.50 x 16 8ply 70% \$450. 0428898025

For Sale:

5 x Landcruiser 5 stud rims with tyres. Near new. 7.50 x 16 8ply 80% \$500. 0428898025

Wanted to buy: Wrought Iron or other garden gate, any condition.

Old laundry copper, any condition.

Phone: Louie 0429 411 131

#### **WE WANT YOUR ADS!**

To advertise any item in the Watershed Classifieds is free for two weeks, so send in your ads!

Email your ads to watershed@wn.com.au, drop them at the Community Resource Centre or fax to 9888 1588



# Spreading for a Sustainable Future

### WHEATBELT SPREADING SERVICE

Wickepin, Yealering, Harrismith, Tincurrin, Toolibin, Dudinin, Wagin,

Pingelly, Aldersyde, Bulyee and surrounding districts

Spreading Lime, Gypsum, Dolomite and Fertilizers

Multi-Spread Units

Fitted with GPS and Load Cells

Phone: Richard:

0429 137 164

**Local Friendly Service** 

Karen:

0427 778 102

Email: wheatbeltspreading@gmail.com

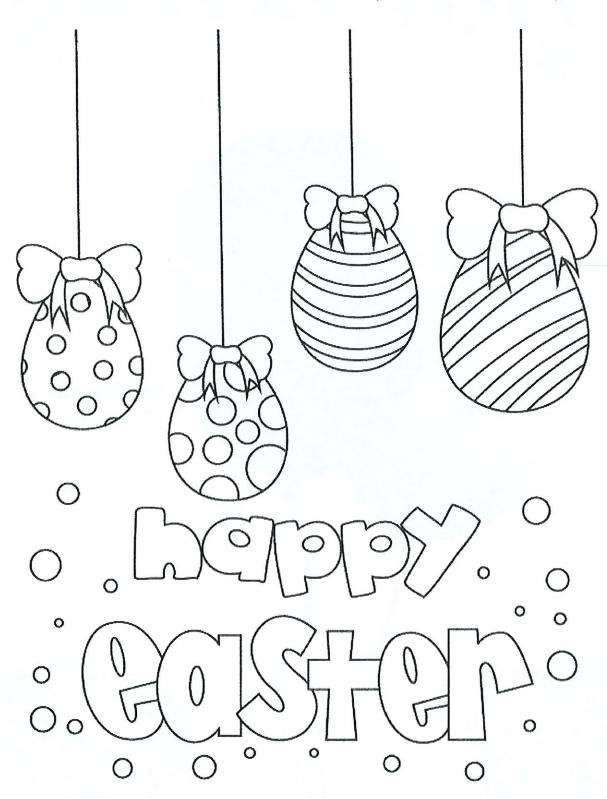
Richard & Karen Rushton PO Box 88, Wickepin, WA 6370



I can't believe I got fired from the calendar factory. All I did was take a day off.

I was addicted to the hokey pokey, but then I turned myself around.

# KIDS CORNER



**COLOUR ME IN** 



**Eva Gooding** 22.4.2014

Abbie McColl 19.4.2017

Saige Patterson 22.4.2014





### COVID-19 Vaccines for Primary School Kids







#### How does COVID-19 affect kids in primary school?

All children are at risk of getting covID-19, but the good news is their symptoms are generally mild.



Many children experience a cough, fever, and a runny nose, and only require rest at home, recovering quickly. A very small percentage of children experience a barking cough, prolonged fever, breathing difficulties and abdominal pain, and these children are advised to see their doctor.



Children with underlying health conditions are at higher risk of experiencing severe COVID-19 symptoms. Conditions include asthma, obesity, prematurity, and compromised immune systems.<sup>26</sup>

#### How do COVID-19 vaccines work?

In Australia, children receive mRNA COVID-19 vaccines.

An mRNA vaccine is a way to deliver a message to cells in the body.

- For mRNA COVID-19 vaccines, the message delivered to cells is the instructions on how to make just one part of the COVID-19 virus the "spike protein".
- Cells then start making this spike protein. Because the message in the mRNA vaccine tells the body to make only the spike protein, and not the entire COVID-19 virus, it can't make a person sick from COVID-19.
- The immune system recognises the generated spike proteins on the cells as being foreign to the body and starts training itself to fight off the virus. If a vaccinated person is exposed to COVID-19, the immune system immediately recognises the COVID-19 spike protein and generates a strong and rapid immune response to try and limit the infection.

Why do children need a COVID-19 vaccine if they're not getting very sick?

While severe disease and hospitalisation is uncommon in children, it can occur in some cases and vaccinating children helps to protect against this. Vaccination also benefits the entire family, as well as the community around your child, as it may help to slow the virus spreading to vulnerable people such as elderly grandparents and younger kids who aren't yet able to be vaccinated, it is important that we let children keep on doing what children do. We have seen the disruption that COVID-19 can have on young lives from a schooling perspective and also on the social and emotional aspects of their lives. 78



# **COVID-19 Vaccines** for High School Kids







#### How does COVID-19 affect high school students?



Teenagers are at risk of getting COVID-19, but the good news is *their symptoms* are generally mild. Many will experience a cough, fever, and a runny nose, and only require rest at home, recovering quickly.<sup>1</sup>

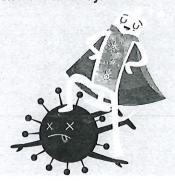
A very small percentage of young people experience a severe cough, prolonged fever, breathing difficulties and abdominal pain, and are advised to see their doctor.



Children with underlying health conditions are at higher risk of experiencing severe COVID-19 symptoms. Conditions include asthma, obesity, prematurity, and compromised immune systems.<sup>2-5</sup>

#### How do COVID-19 vaccines work?

Children and teenagers receive mRNA COVID-19 vaccines, which work by delivering a message to cells in the body.



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- If a vaccinated person is exposed to COVID-19, the immune system immediately recognises the COVID-19 spike protein and generates a strong and rapid immune response to try and limit the infection.

#### Why do children need a COVID-19 vaccine if they're not getting very sick?

While severe disease and hospitalisation is uncommon in children and adolescents, it can occur in some cases and vaccinating children helps to protect against this. Vaccination also benefits the entire family, as well as the community around your child, as it may help to slow the virus spreading to vulnerable people such as elderly grandparents and younger kids who aren't yet able to be vaccinated. It is important that we let children keep on doing what children do. We have seen the disruption that COVID-19 can have on young lives from a schooling perspective and also on the social and emotional aspects of their lives. 28





Tuesday April 12 10.30am-12pm At wickepin community centre oval

Thursday April 21 10.30am-12pm At Wickepin Community centre oval



\$5 Each **RSVP** essential Adult supervision required for children 6 and under Contact Wickepin CRC to book your spot



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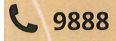




# ANZAC BISCUIT BAKING COMPETITION

Do you have the best recipe?

Bring your ANZAC biscuits to Wickepin CRC on Thursday 21 April 1pm for Judging. **Contact Wickepin CRC for** more information.

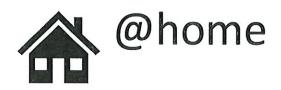




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**Wickepin Community Resource Centre** 





# Seafood For the Easter weekend: <u>Easy As Pan Fried Australian Flathead</u> <u>with Lemon Yoghurt and salad</u> <u>Ingredients:</u>

#### **BROAD BEAN AND FENNEL SALAD**

500g frozen broad beans, cooked and lightly crushed

- 2 baby fennel bulbs, thinly sliced
- 2 tablespoons olive oil
- 2 tablespoons lemon juice
- 1 teaspoon crushed fennel seeds
- 1/4 cup mint leaves

Sea salt and freshly cracked black pepper

Fresh lemon wedges to serve

#### **LEMON YOGHURT**

- 1 1/2 cups Greek yoghurt
- 1 tablespoon lemon juice
- 1 tablespoon lemon zest
- 2 teaspoons chopped mint leaves

#### **FLATHEAD**

8 x 100g Australian Flathead fillets – we've used fillets with the skin-on, but skin-off works too

2 tablespoons olive oil - Knob of butter - Sea salt

#### <u>Double Choc Walnut Brownies With</u> <u>Caramel Cream</u>

These easy Easter brownies are rich and full of chocolaty goodness. Serve them warm with the caramel cream for a decadent Easter dessert!

#### **BROWNIES**

#### **Ingredients**

150g brown sugar

150g caster sugar

60g cocoa powder

50g plain flour

1 tsp baking powder

180g Butter, melted

3 eggs, beaten

100g dark chocolate, roughly chopped

75g walnuts, roughly chopped

75g white chocolate, melted

18 mini speckled Easter eggs

#### Method

Preheat oven to 170c. Line a 20cm square cake tin with baking paper

Whisk the sugars, cocoa, flour and baking powder together in a large bowl. Beat in the butter and eggs. Fold in the dark chocolate and walnuts until evenly distributed



#### Method:

#### **BROAD BEAN AND FENNEL SALAD**

Kick things off by prepping the broad bean and fennel salad: add all the ingredients to a bowl, season, and toss to combine. Ta da, the salad's done!

#### **LEMON YOGHURT**

To make the zesty lemon yoghurt: combine the ingredients in a bowl and give it a stir

#### **FLATHEAD**

Now for the main event – the fish! Pat the flatty fillets dry with absorbent paper and heat a large non-stick pan over a medium-high heat. Toss in the olive oil and a knob of butter, wait for the butter to bubble, then add the fish, in batches, skin side down and cook for 4 minutes. Flip it and cook for another 1-2 minutes Now it's showtime. Place the flatty fillets on a plate, add some salad and a dollop of your lemon yoghurt. Done. Easy peasy lemon squeezy.

Pour into the prepared tin and add the white chocolate in spoonfuls, creating a swirly effect with a teaspoon

Bake for 35 minutes. It should still be a little squidgy inside. While still hot, gently press the Easter eggs into the top of the brownie. Allow to cool in the tin for 10 minutes, then remove and cut into 9 pieces

#### **CARAMEL CREAM**

#### Ingredients

300ml Thickened Cream

2 tbsp store-bought caramel sauce

#### Method

For the caramel cream, whisk the cream into soft peaks. Gently fold the caramel sauce into the whipped cream to create a rippled effect. Eat the brownies warm or at room temperature with a dollop of caramel cream

#### **Tips & Hints**

Try substituting walnuts for macadamias or pecans. Or omit completely for a nut-free version.

You can swap the dark chocolate with milk chocolate for a less intense cocoa hit.

#### Garden Snippets...



#### ...New Generation Geraniums

Geraniums, botanical name Pelargonium, have a bit of a reputation for being "old-fashioned" and looking rather scrappy. However with so many exciting hybrid varieties - including those with scented, variegated, multishaped and sized leaves, and those that stay in compact form and flower for longer - the humble "dunny bush" is fast earning new admirers. Needless to say, the geraniums do still need a bit of help to keep them looking fabulous, but it is worth the effort as they are great gap fillers and provide splashes of colour amongst other garden plants and in pots. Here's How:

At the Nursery: Choose well branched, compact plants that show new growth, healthy roots and plenty of new flower buds. Avoid tall, stretched plants with yellow foliage and brown roots – they rarely come good.

At home-Keep moist until planting, and keep in a bright spot out of direct sunlight until you can plant it. Geraniums stored any longer than two days in dark/low light will drop their new buds and turn yellow, and will take about a month to pick up again.

Planting-Geraniums love sunlight. Plant where they can get about six hours of full sun every day, but where is also protected from hot afternoon sun. Have a well drained site with some manure or compost dug in. In pots, use a good quality potting mix.

Watering-Water straight after planting. Strangely, geraniums don't wilt like other plants so they don't give any clues as to when they need to be watered. They like moist soil but also like to dry out between waterings to avoid root-rot, so the soil should become dry to touch before you water the plants again. Avoid watering the foliage.

Fertilising-Geraniums need regular feeding to produce abundant and large flowers, larger leaves and good healthy growth.

Pruning-Removing old flowers and leaves keeps the bushes healthy and promotes longer flowering.

Tip-pruning constantly produces new growth and keeps the bushes compact and dense. In March or April, cut them back by one third to generate lots of new growth. Use these cuttings to propagate new plants for yourself or your friends.

Hybrid Geraniums thrive in sunny, dry spots; form tight compact shrubs, many of which self clean (so the flowers fall off when they die); and are ideal for pots or look fabulous in a cottage or perennial garden. They can be divided into three separate varieties:

**Zonal geraniums** - distinguished by circular bands of colour on light green leaves that are round to kidney shaped. They have low bushy habit and heads of brightly coloured flowers during warmer months.

**Regal Geraniums** - have frilled flowers in spring that look rather like Azaleas. The leaves are distinctive with a serrated edge and three lobes, flowers range from white to black.

**Ivy-Leafed Geraniums** - flower from spring to autumn in clusters of white, pink, red, magenta and purple blooms. Their habit ranges from compact miniatures to sprawling scramblers, and they are ideal for hanging baskets.

Scented Geraniums are usually grown for their foliage which comes in all shapes and sizes. Crush their leaves between your fingers and you can smell peppermint, lime, rose, ginger, nutmeg, orange, cinnamon, apple, sweet lemon — and the list goes on! Flowers appear mainly in Spring and Summer, and the bushes just need good drainage to thrive. They can grow in semi shade, and if they are planted next to a path or the washing line the scents will be released as the leaves are touched. The leaves of the Scented Geraniums are edible, so they can be infused as herbal teas; used in sauce flavourings, or placed into the pot when stewing fruit to add flavour.





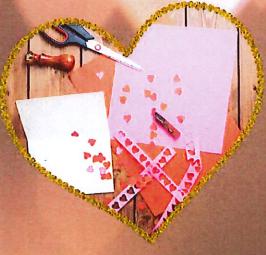
# CARD MAKING

Wednesday 4 May at the Wickepin CRC - two sessions available

**Session One -**4-7 year olds at 3pm

\*children must be accompanied by an adult\*





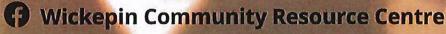
**Session Two-**8 years & over at 4.15pm

\$5 Each RSVP essential Contact Wickepin CRC to book your spot





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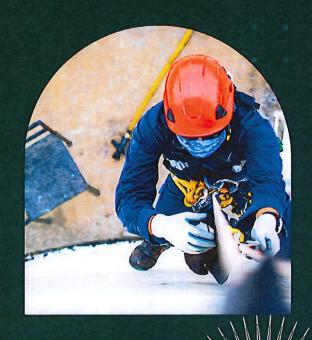
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- includes new Industrial Manslaughter Laws



- 1 day course
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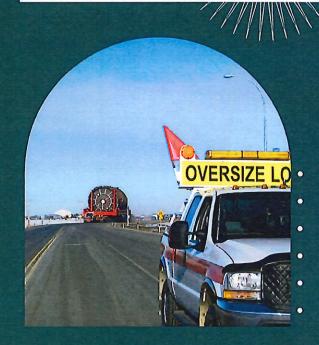


Competent Solutions Training

#### HEAVY VEHICLE PILOT COURSE

- 2 day course
- \$1450/pp
- minimum 5 participants

To register for these courses please contact the Wickepin CRC





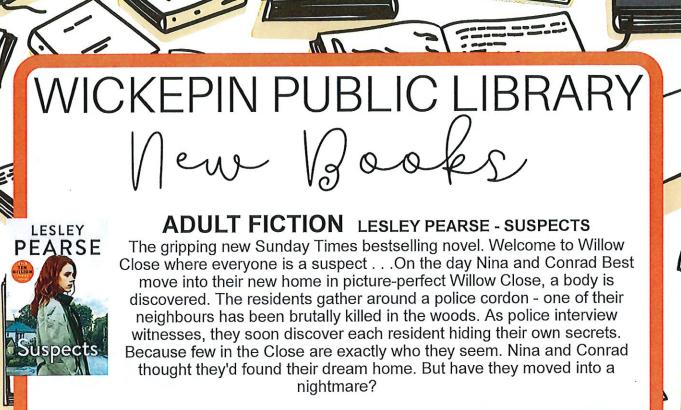
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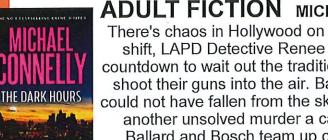


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#### ADULT FICTION LIZ BYRSKI - AT THE END OF THE DAY

When Mim Squires and Mathias Vander are stranded together on a flight home to Perth, they are surprised to find that they have much in common. Mim owns a bookshop, Mathias is a writer, and both are at turning points in their lives. Mim's childhood polio is taking a toll on her life. Mathias is contemplating a cross-continent move to be nearer his daughter. But life back in Perth is not smooth sailing, with their respective family members going through their own upheavals. At the end of the day, can they muster the wisdom and the courage they need to change?



#### **ADULT FICTION** MICHAEL CONNELLY - THE DARK HOURS

There's chaos in Hollywood on New Year's Eve. Working her graveyard shift, LAPD Detective Renee Ballard seeks shelter at the end of the countdown to wait out the traditional rain of lead as hundreds of reveller's shoot their guns into the air. Ballard soon determines the deadly bullet could not have fallen from the sky. The investigation leads her to look into another unsolved murder a case worked by Detective Harry Bosch. Ballard and Bosch team up once again to find out where the cases intersect. All the while they must look over their shoulders. The killer who has stayed undetected for so long knows they are coming after him.

#### LARGE PRINT DANIELLE STEEL - COMPLICATIONS

Life is full of complications and for some of the guests and staff of Paris's most famous luxury hotels. Among the guests are a distinguished art consultant recovering from a divorce; a middle-aged doctor who receives news that he has a terminal illness; a senior politician who is being blackmailed; and a couple who think they've finally found happiness only to find it taken away from them. But for every difficult question there are answers and unexpected blessings. All that is needed is the courage to pursue them. In the end the lessons they all learn from the difficulties they face will benefit their lives in ways they could not have imagined.



# Mother's Dan Markets Et Garage Sale Trail



# Saturday May 7

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for market stall holders and garage sale locations

\$20 fee to hold a stall at the Town Hall Or \$5 to add your address to our Garage Sale Trail map For more information or to register contact Wickepin CRC

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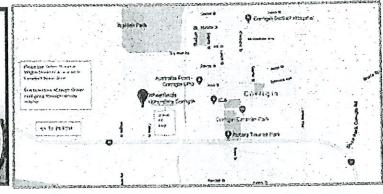




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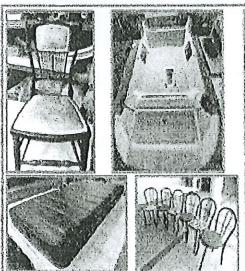
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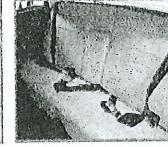


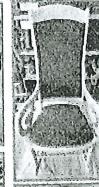
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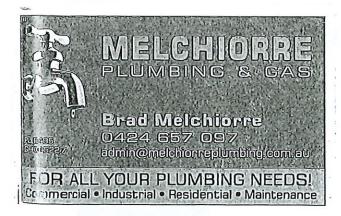


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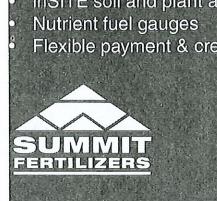
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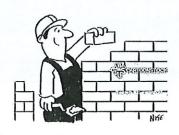
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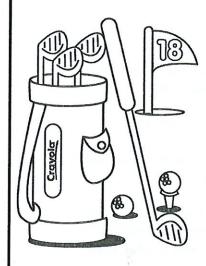
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#### **Harrismith Golf Club**

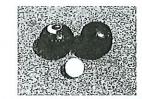


The 2022 golf season at Harrismith got underway last Saturday with members playing a two person Ambrose competition for the Life Members Shield. This was sponsored by Claire and Bernie Bayley.

Seventeen golfers enjoyed the day with more locals coming to enjoy a Pizza night following play. Winners of the day were Aaron Quartermaine and Helen Kirby with an excellent score of 68 with Runners Up being the threesome of Peta Astbury, Peter Thompson and Mark Ball. A fun day had by all. Next Saturday (Easter) will be a Stableford Competition. Be there 12 noon for a 12.30pm hit off.

#### LAKE YEALERING BOWLING CLUB 2021/2022 SEASON

Sunday 3<sup>rd</sup> April 2022 Finals of Upper Great Southern League Championship Singles and Consolation Singles 2021/2022 were held at Lake Yealering Bowling Club



SINGLES WINNER:

Merv Davis, Brookton

RUNNER-UP:

Dave Harris, Narrogin

CONSOLATION SINGLES WINNER:

G. Carter, Pingelly

**RUNNER-UP:** 

E. Masson, Narrogin

Winner and Runner-up of UGSL Championship Singles 2021/2022 held in Yealering.

L-R Winner Merv Davis, Brookton

Runner-up Dave Harris, Narrogin



#### **Wickepin Bowling Club Notes**

With the threatening weather conditions on Wednesday 30<sup>th</sup> March at Wickepin it was doubtful if we could play the finals, but we waited until 10.00am and the water had drained off part of the green so it all went ahead.

In the morning we played Williams and the result was Wickepin 4 points Williams 0 points Aggregate Wickepin 41 Williams 34.

The Grand Final after lunch was between Brookton who were top of the ladder and Wickepin. After two very good games Wickepin were the winners of the 2021 – 2022 Pennants.

Wickepin 3 points Brookton 1 point. Aggregate Wickepin 46 Brookton 36.

Many thanks to Chris Moore who umpired for the day. Thankyou once again to John and Dave for preparing the greens. Also a huge thankyou to Joan, Alan and Shirley Hemley and Jenny Hemley who prepared the afternoon tea while the final was being played. Marion was very pleased to be part of the team and her last game with Wickepin Bowling Club

#### Congratulations to all members of our pennant team.

League Presentations followed on at the completion of the Grand Final. Our club was very pleased to win the Marj Coxon Trophy for the most points during the season. With this and the Pennant flag it was a great way to end our season. Several of our bowlers were fortunate to be included in the presentations.

Friday 1<sup>st</sup> April Robyn, Marj, Judy and Leanne S travelled to Williams and happy to be Runners-Up to Pingelly on the day.

The Wind-Up on 2<sup>nd</sup> April was enjoyed by several bowlers and their families. Christine Hill as usual served a delicious meal. Championship presentations were made, and we certainly appreciate the sponsorship we received. A presentation was made to Marion and Mark Hook to show our appreciation for all they have contributed to the club while being members of the Wickepin Bowling Club. They will be missed next season, but we wish them all the best for their move to Mandurah.

Afgri/Edwards Isuzu Ute Any Combination Triples results. Eight Teams played.

1st D Harris, J Hamilton, R Bergin.

2nd P Bransby, A Bransby, K Cochrane.

3rd R Bennier, J Thompson, A Wyllie.

#### 2021/2022 Championship Results:

#### **Ladies Championship Singles**

Winner: Robyn Mullan Runner-Up: Daphne Tetlow

#### **Mens Championship Singles**

Winner: Chris Moore

Runner-Up: Barry McKenna

#### **Ladies Championship Pairs**

Winners: Robyn Mullan and Alison Horley Runners-Up: Marj White and Daphne Tetlow

#### **Wickepin Bowling Club Notes (Continued)**

#### **Men Championship Pairs**

Winners: Peter Bransby and Alan Hemley Runners-Up: Rex Bergin and Barry McKenna

#### **Ladies Championship Triples**

Winners: Marj White, Leanne Smith, Daphne Tetlow Runners-Up: Robyn Mullan, Alison Horley, Karen Jamieson

#### **Mens Championship Triples**

Winners: Peter Bransby, Greg White, Aaron Bransby, Runners-Up: Sam Horley, Gary Rasmussen, Bob Read

#### **Ladies Championship Fours**

Winners: Robyn Mullan, Judy Lang, Alison Horley and Daphne Tetlow Runners-Up: Marj White, Marion Hook, Leanne Smith and Claire Bayley

#### Mens Championship Fours

Winners: Sam Horley, Greg White, Aaron Bransby, Beven Crouch

Runners-Up: Warren Thompson, Barry McKenna, Gary Thompson, Bob Read

Wickepin Ladies Pennant Winners: From left Daphne Tetlow, Marj White, Leanne Smith, Judy Lang, Bev Davidson, Claire Bayley, Marion Hook, Robyn Mullan.





This year we are celebrating 60 years of our League Singles and our Pennant Competition

### UPPER GREAT SOUTHERN LADIES BOWLING LEAGUE INC PRESENTATION OF TROPHIES 2021 - 2022

#### WELCOME BY MRS DI KETT LEAGUE PRESIDENT

TOAST BY LIFE MEMBER MRS MARJ WHITE
TO

UGSLBL HOST CLUB-WICKEPIN CHAMPIONSHIP WINNERS PENNANT WINNERS & ABSENT FRIENDS

### PRESENTATION OF TROPHIES BY PRESIDENT DI KETT & VICE PRESIDENT ROBYN MULLAN



Thank you to all our Sponsors

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ALISON HORLEY		
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THERESA FANCOTE	•	
MARJ WHITE &	WICKEPIN	UGS BOWLING LEAGUE
DAPHNE TETLOW		
ROBYN NARDUCCI,		
	PINGELLY	CBH
BARBARA WALLACE		
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MARJ SOLOMON		
CHRIS EYRE, VAL CLIFF,		
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8 POINTS WICKEPIN	WICKEPIN	
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#### **Yealering Tennis Club**

Yealering Tennis Club

The windup and AGM for the Yealering Tennis Club was held on 3<sup>rd</sup> April. It rained as everyone arrived, so a table tennis competition was played, along with a bit of clubhouse maintenance.

The elected office bearers for the 2022/2023 season are

Dean Hill- President

Natalie Manton-- Vice President/Captain

Rachael Hill-Secretary/Treasurer

Karen Hill- Caterer

Pome Davidson- Curator

Emily Davey was thanked for her work as President for the last few years.

No club presentations were given this year as only social tennis was played throughout the season.

The long table barbecue was enjoyed by those who attended. Special mention and thankyou to Cejay for cooking most weeks and putting up with some chicken and fish when you would prefer to have a red meat only barbecue. Well done to our tennis club chef!!!

Best wishes to everyone for their winter sport and hope to see you all back on the tennis courts in October.



#### WICKEPIN FOOTBALL CLUB AUSKICK

5 – 8 YEAR OLDS

STARTING 1<sup>ST</sup> MAY 2022

THURSDAY @ 5PM OR WEEKENDS @ 9.30AM
\$65 PER CHILD INCLUDES YOUR AUSKICK PACK
REGISTER NOWAT

https://www.playhq.com/afl/register/c68a1e

NAB AFL Auskick is one of the best, first experiences kids will have learning Australian Football.

In weekly sessions, Auskickers and their families will run, jump, kick, laugh and create their own special moments playing footy.

No matter their skill level, ability or knowledge of the game, Auskick is for everyonel

In 2022, Wickepin Auskickers may get a chance to play at the half time of a AFL game in Perth!

\*COVID-19 restrictions and AFL fixtures depending\*

you all back on the tennis courts in

What did the DNA say
To the other DNA?

..."Do these genes

Make me look fat?"



MORE INFO AND DATES ON THE REGISTRATION LINK
CONTACT TY 0429881108 OR JENNA 0448110838

	APRIL
Tue 12th	Easter Craft & Egg Hunt @ Wickepin Community Centre Oval 10.30am - 12pm
Fri 15th	Public Holiday - Good Friday
Sun 17th	Easter Sunday Service @ Wickepin Anglican Church 8am
Mon 18th	Public Holiday - Easter Monday
Mon 18th	Recycle bin day
Wed 20th	Shire of Wickepin Ordinary Meeting of Council—3.30pm
Thur 21st	Anzac Biscuit Bake Off @ Wickepin Community Centre Oval 10.30 - 12pm
Thur 21st	Anzac Biscuit Baking Competition—Wickepin CRC @ 1pm
Thur 21st	LEMC Committee Meting—3pm
Mon 25th	ANZAC Day service @ Wickepin War Memorial 9.30am
Tue 26th	School Term 2 starts
Tue 26th	Watershed News
Thur 28th	St John's first aid course @ Wickepin Sub Centre 8.30am - 2.30pm
	Table 1

	APRIL  Easter Craft & Egg Hunt @ Wickepin Community Centre Oval 10.30am - 12pm Public Holiday - Good Friday Easter Sunday Service @ Wickepin Anglican Church 8am Public Holiday - Easter Monday Recycle bin day Shire of Wickepin Ordinary Meeting of Council—3.30pm Anzac Biscuit Bake Off @ Wickepin Community Centre Oval 10.30 - 12pm Anzac Biscuit Baking Competition—Wickepin CRC @ 1pm LEMC Committee Meting—3pm ANZAC Day service @ Wickepin War Memorial 9.30am School Term 2 starts Watershed News St John's first aid course @ Wickepin Sub Centre 8.30am - 2.30pm  MAY Recycle bin day Albert Facey Homestead committee meeting—1pm Drum Muster Bookings essential 8am-4.30pm Lifestyle Retirement committee meeting 9.30am Mothers Day card making @ Wickepin CRC 4-7 years 3pm 8+ years - 4.15pm Mothers Day Markets—Town Hall @ 10am Garage sale trail Watershed News
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Mon 2nd	Recycle bin day
Mon 2nd	Albert Facey Homestead committee meeting—1pm
Tue 3rd	Drum Muster Bookings essential 8am-4.30pm
Wed 4th	Lifestyle Retirement committee meeting 9.30am
Wed 4th	Mothers Day card making @ Wickepin CRC
	4-7 years 3pm 8+ years - 4.15pm
Sat 7th	Mothers Day Markets—Town Hall @ 10am
1.4 a.a. O.4 la	Garage sale trail
Mon 16th	Panyala hin day
Thur 10th	Piggest Morning Tee @ Wiekenin Community Centre 10 20cm
Mon 23rd	Matershed News
Mon 30th	Recycle bin day
Mon Soun	JUNE
Mon 6th	Public Holiday Western Australia Day
Tue 7th	Watershed News
Mon 13th	Recycle bin day
Mon 20th	Watershed News
Mon 27th	Recycle bin day
	JULY
Fri 1st	School Term 2 ends
Mon 4th	Watershed News
Tue 5th	Drum Muster Bookings essential 8am—4.30pm
Mon 11th	Recycle bin day
Mon 18th	School Term 3 commences
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Wed 20th	women in Ag Day—wickepin
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	AUGUSI
Mon 1st	Mothers Day Markets—Town Hall @ 10am Garage sale trail Watershed News Recycle bin day Biggest Morning Tea @ Wickepin Community Centre 10.30am Watershed News Recycle bin day  JUNE Public Holiday Western Australia Day Watershed News Recycle bin day  Watershed News Recycle bin day  JULY School Term 2 ends Watershed News Drum Muster Bookings essential 8am—4.30pm Recycle bin day School Term 3 commences Watershed News Women in Ag Day—Wickepin Recycle bin day  AUGUST  Watershed News Recycle bin day  AUGUST
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