# WATERSHED NEWS

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PO BOX 60 WICKEPIN WA 6370 ABN 96 234 351 594 A fortnightly paper for the areas of Dudinin, Toolibin, Tincurrin, Harrismith, Yealering and Wickepin

1st May 2023

# Mothers Day Market & Car Boot Sale





WICKEPIN TOWN HALL
FROM10AM
SATURDAY 13™ MAY 2023

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# WATERSHED NEWS INC - COMMUNITY NEWSPAPER

#### CONTACT INFORMATION:

Watershed News is located at the Wickepin Community Resource Centre.

Address 24 Wogolin Road, Wickepin 6370

Postal Address PO Box 60 WICKEPIN WA 6370

Phone 9888 1500

Fax 9888 1588

Email: watershed@wn.com.au

PRESIDENT: Denise Corke SECRETARY: Sandra Podmore TREASURER: Pam Carden

## **IMPORTANT INFORMATION**

Advantising Dates	Eull Dage \$20.00	1 Dags \$15.00	1 Page \$8.00	Business Card \$5.
Advertising Rates	rull rage \$30.00	2 rage \$15.00	🕯 Page \$8.00	Business cara \$5.

- Publishing is Fortnightly on Mondays.
- Submissions need to be in by 11am on day of publishing.
- All submissions would be preferred in Word.
- All advertisements, classifieds must be submitted with clear contact details, including a postal address, phone number and email.
- Watershed News is printed in black and white only.
- Shire of Wickepin Community groups are entitled to  $\frac{1}{2}$  page advertising, free of charge.

### Disclaimer

The views expressed in the publications of the Watershed News are not necessarily those of the editor/s or other volunteers who produce it. We reserve the right not to print articles that are inappropriate.

Next edition of Watershed News

Monday 15th May 2023

# Community News



Birthday wishes to: Ken Heaney, Lily Dunn, Kylah Leeson, Jade Leeson, James Wilson, Georgia Dowdell, Mia Ewen, Cody Jarvis, Allan Hemley

The Arts & Crafts group will be serving Devonshire Teas upstairs in the Town Hall at the Mother's Day markets. Seating will be available for you to sit, rest & recover with your cuppa & scones. Check out the Arts & Crafts display projects and order for delivery later.

Look for our raffle with a family theme – something for everyone.

This Friday May 5<sup>th</sup> afternoon tea will be served at the Yealering CWA from 2pm. It is a great opportunity to pick up a bargain from the white elephant stall with all proceeds going towards the Yealering Progress Association.

Given our Shire association with Carol & Astrotourism and a plan to involve our Primary school in our next

Carol being interviewed just before Eclipse..

Note Solar flares at peak of Eclipse. We here are one of 18 regional towns linked in Astrotourism pathway (Submitted by John Mearns)





# **SPACE MUSIC**

Presented by Australian Baroque and Arts Narrogin

A Sixteen Piece Orchestra in Wickepin????

Australian Baroque, supported by a movie size screen depicting incredible images of Space supplied by NASA and an amazing art installation created by local people, all came together to the Wickepin Hall to sell out shows on Saturday.

The superlatives would not do this event justice as it was a 'You had to be there', type of experience. The music was choregraphed to fit the images of space which was narrated by Venusian Volcanologist, Dr Antony Brian who explained the theory of the beginnings of our Universe, the gas planets, the rocky planets, the sun and the moon and were images taken as recently as 2021 and were, well, out of this world.

The art installation took up the entire side wing of the hall and transported viewers through the solar system, and has been a four month project and were all created by St Matthews Primary school, Yealering and Wickepin schools and the Narrogin Art group. The two metre big sun complete with solar flares was a sight to behold!!! Local astronauts assisted visitors through the solar system to increase their understanding. A sausage sizzle offered by the Wickepin P&C ensured solar system travellers were nourished on their journeys.

People came from literally far and wide, including buses from Narrogin, to join with locals to enjoy the

2 performances.

Thanks must go to Arts Narrogin for bringing this wonderful event to Wickepin and to the many local volunteers who made it all possible.





# Classified

For Sale:

Suzuki Boulevard, C109 RT. Genuine 72,000km. Licenced. Been in shed 5 years, not

used. Windscreen, engine bars, spotlights, rear rack.

\$6,000 - 0428 898 025

For Sale:

24 HD plough discs for Chamberlain plough.

Make an offer - 0428 898 025

For Sale:

24 disc Chamberlain Plough – good discs – good order.

\$400 - 0428 898 025

For Sale:

28 run 511 Inter combine. Needs new points- with drag harrows.

\$350 - 0428 898 025

For Sale:

15ft 5 in 1 Jetstream bin. Roll tarp – 8hp B & S engine.

Only has grain elevator. \$250 – 0428 898 025

For Sale:

Near new LG Smart Inverter 7.5KG Top Loader washing Machine

\$550.00 - 0427 881 041

For Sale:

Block of land in Wickepin. Over an acre. Fenced on 4 sides.

Power and water connected. Can't be built out, backs onto golf course.

\$40,000

Phone 0428 898 025

For Sale:

New Digitech pHD Set Top box, 108 with USB recording

\$20 - 0457 267 501

WANTED:

Wickepin Football Club Fundraiser

We are looking for donations of your scrap batteries. For any reasonable amounts we are happy to collect for convenience, otherwise feel free to drop them to Tim Cowcher

at Elders Wickepin.

Call or message Jordan Flavel on 0488 690 910 if you have anything available.

Thanks for your support.

#### **WE WANT YOUR ADS!**

To advertise any item in the Watershed Classifieds is free for two weeks, so send in your ads!

Email your ads to watershed@wn.com.au, drop them at the Community Resource Centre or fax to 9888 1588

You're braver than you believe, and stronger than you seem, and smarter than you think.

A.A. Mine

Author/Poet

Answers to Bowel Cancer Symptoms crossword Across: 3. BLOOD: 4. WEIGHT: 7. CONSTIPATION: 9. TIRED: 10. SWELLING Down: 1. BLOATING: 2. BLEEDING: 5. PAIN: 6. RUNNY: 8. APPETITE

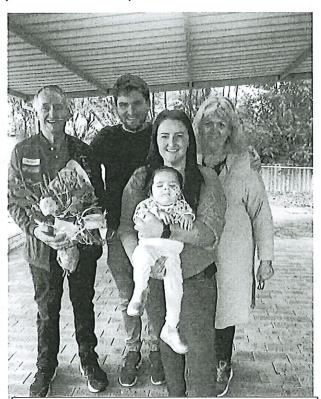
# Fundraiser for Everleigh

The fundraiser for Everleigh, held last Friday at the Yealering CWA, was well supported with people travelling from Wickepin, Narrogin, Pingelly, and Corrigin. Special guests Everleigh, her mum and dad Stacy and Angelo Buttigieg, and Angelo's mother Ruth made the trip from Perth to be part of the afternoon and

were joined by Stacy's dad, Tom Williamson.

A large variety of preloved items, including homewares, linen, clothes, books, toys, fresh produce, pot plants and fresh flowers filled the CWA room. The raffle table was jammed packed with prizes ranging from beauty products, garden wares, wines, chocolates as well as a beautifully decorated cake which was auctioned separately. Visitors enjoyed catching up under the patio and trees whilst enjoying a variety of delicious cakes, slices, sandwiches, and scones which were served for afternoon tea. Luckily the weather was kind and although it started to get a bit chilly around 4pm everyone was keen to stay to see if they were one of the many lucky raffle winners. Many thanks to everyone who contributed or helped in any way to support this beautiful family. As a result of generous donations of goods for the white elephant stall, food for afternoon tea, prizes for the raffle, cash donations and the support of the public who attended, the event raised at the last count, \$4010 for Everleigh.

A special mention and huge thanks to the organisers Tina Simpson and Dianne Walton and to their band of helpers who helped with setting up, assisting on the day and with the clean-up.



Tom, Angelo, Ruth and Stacy with Everleigh



#### **ANZAC SERVICE 2023**

Welcome & Prayer-Cr Russell welcomes all to the Service

Good Morning Ladies & Gentlemen, Girls & Boys, and welcome to our ANZAC Day Ceremony for 2023.

For over a Century Australian Defence Forces have served with distinction in conflict and in peace around the world, protecting Values of Freedom and Democracy.

Each year on ANZAC Day we commemorate this Service and the great debt we owe to the Men, Women and Animals of our Australian Defence Forces - the Army; The Navy and The Air Force - for their courage and sacrifice.

In World War 1 the ANZAC Spirit was forged 108 years ago today on 25 April 1915 when 16,000 Australian and New Zealand soldiers landed at Dawn at what is now called Anzac Cove on the Gallipoli Peninsula, with the intention of forcing Germany's ally, Turkey, out of the war. By that evening 2,000 young ANZACS had been killed or wounded. The Gallipoli campaign ended on 9<sup>th</sup> January,1916.

Australia was involved in 29 of the Many battles of WW1 on the Western Front, which ran across the Industrial Regions of France and Belgium, and across Europe.

At dusk on 31st October 1917, the 10th Australian Light Horse Brigade charged the town of Beersheba (in the Middle East) using their bayonets as swords, and taking the Turkish Defence by such surprise that they were able to secure the town and clear the way for the British to successfully advance for the third time on the city of Gaza in Southern Palestine. This secured the town's water wells, which gave and maintained adequate water supplies for the men and their horses in the large number of mounted troops.

Between June and October 1918 Australian troops fought resolutely along the Western Front in Northern France. 100 days of war included the battles of Hamel; Amiens; and others and made significant contributions towards paving the way towards the Armistice on November 11th, 1918 – thus bringing WW1 to an end.

One million Australians, both men and women, served in the Second World War - fighting in campaigns in Europe, the Mediterranean and North Africa against Germany and Italy, as well as in south-east Asia and the Pacific against Japan.

Between 1950 and 1953 18,000 of our servicemen and women served, as Australia was one of 21 countries that supported South Korea against an invasion by communist North Korea.

The Vietnam War (1955-75) was the second of the Indochina Wars, and was fought between South Vietnam (being backed by the United States) and the Viet Cong,(the communist-led insurgent force supported by the North Vietnamese Army).

The Viet Cong wanted to unify the country after the partition that resulted from the first IndoChina war of 1946-54.

Australian support for South Vietnam was in the context of a desire by the United States, and other nations, to stop the spread of communism in Europe and Asia.

Whilst Australia didn't enter the war until 1962, it was to become our longest conflict of the 20<sup>th</sup> century.

In total, more than 60,000 Australian ground troops, air-force and naval personnel served in Vietnam; of which 523 were killed and more than 3,000 were wounded. Plus civilians, including those providing medical and dental aid, education, construction and agricultural assistance to the Vietnamese people.

Australian forces were withdrawn in 1971, with the last arriving home in March of 1972. In January 1973, 50 years ago this year, Australia officially issued a proclamation to mark the end of Australia's involvement in the Vietnam War.

Not many people understood The Vietnam War, including the introduction of a selective conscription scheme, and it was the cause of significant social and political dissent.

As Time has moved on, and from those of us who remember that period, we give our deepest respect and grateful thanks to all who served our Country and wore our uniform, in all of the conflicts of the Vietnam War.

For more than a Century the Australian and New Zealand Defence Forces have served side by side in countries around the world and this ANZAC Day we commemorate this mateship.

We gather to Remember the Sacrifices of the Original ANZAC's, and to Pay Respect, and Give Thanks, to our Service Men, Women and Animals who have served, and continue to serve Our Nation:

And we take this opportunity to Remember Those Who are No Longer With Us.

Please welcome Irene Moore, who will read "Anzac Reflection", followed by "the Prayer of Remembrance".

#### Laying of the Wreaths

- Wickepin Primary School Marley Steere & Husky Martin
- Shire of Wickepin Cr Fran Allen and Cr Peter Thompson
- Wickepin Police OIC Sgt Mark Langford
- Members of the Public

Please welcome Murray Lang, Freeman of the Shire, who will Read "The Ode"

#### Please Stand

The Ode of Remembrance: They shall Grow Not Old, as We That are Left Grow Old

Age Shall Not Weary Them, Nor the Years Condemn.
At the Going Down of The Sun and In the Morning

We Will Remember Them.

Response: "We will remember them."

## The Last Post & Flag Protocol

Musician David Kuppers sounds *The Last Post* Colin Plumb to follow flag protocol

#### **One Minute Silence**

#### Rouse

Raise the flag smartly

Murray Lang - "Lest We Forget"

Response by gathering - "Lest we forget"

#### **National Anthem**

#### Closing

Cr Russell closes the service:

You may have noticed, as you walked up the steps, there are some new additions to our Memorial Gardens, in the form of 2 x Wickepin District Honour Roll Boards, with lighted silhouettes.

The board on the West side has etched into the stainless steel, the names of all servicemen and women from our District who served in World War 1.

Similarly, the board on the East side has etched into the stainless steel, the names of all servicemen and women from our District who served in WW2; Korea; Vietnam; and Other Service Volunteers from 1939 to 1995.

It has been long desired for our war time honour boards to be upgraded, so this project was undertaken by the Shire's Research Team, and the names have all been meticulously researched, spell-checked and collated by Stefie Green who worked alongside the Community Development Officer at the time, Karen Langford.

The project was enthusiastically supported and funded jointly by the Department of Veteran's Affairs and the Honorable Darren West, MLC to whom we are extremely grateful as the cost was quite significant.

Installation into the Memorial Gardens was carried out by our own Shire Works Crew.

Grateful Thanks are extended to all parties involved in this project, which took some time to achieve, and has resulted in the memories of the servicemen and women from our whole district over the many years becoming a part of our memorial gardens and so are more readily available for public viewing.

Please take a look as you pass by.

In closing, I would like to thank those who organised our Commemorative Service today, and those who have participated, assisted and contributed in any way.

I would also like to Thank Everyone who has attended, and Invite you all to the Town Hall to share in Morning Tea.

Thank You.

# Wickepin Art & Craft

We're Back !!

We will be serving our Devonshire Teas upstairs in the Town Hall at the Mother's Day markets.

Seating will be available for you to sit, rest & recover with your cuppa & scones.

Check out the Arts & Crafts display projects and order for delivery later.

Look for our raffle with a family theme – something for everyone.

Thank you for your support.



# Afternoon tea

Come along and join us for afternoon tea and an opportunity to pick up a bargain from the white elephant stall When: Friday 5<sup>th</sup> May from 2pm Where: Yealering CWA Hall

All proceeds to Yealering Progress Association

Motherhood is the greatest thing and the hardest thing. *Ricki Lake* 

Praise and thanks to the wisdom and prudence of the 53 residents of Wickepin who signed the petition to seek the lowering of the speed on Wickepin's central street, Wogolin Road. Thank you also to Jean at Wickepin Newsagency for putting the petition on her counter.

The street should be owned by the Shire of Wickepin not the Main Roads WA.

**Kevin Pauley** 

# What's On In Wickepin Shire

Mondays:

Watershed News every second Monday:

Fit Pursuit 6am-6.45am @ Wickepin Community Centre

Tuesdays:

She Shed He Shed - @ Old Recycling Shed Richter St- 9am-12noon

Pathology Service~ Appointment Only @ Wickepin Health Centre

Phone No 98881104

Yoga at Harrismith Hall 6pm – 7.30pm – all welcome

Further details: Ph Tara: 0427 333171

Wednesdays:

Every Wednesday- Social Arts & Crafts @ 9.30am - Joyner St

Thursdays:

Fit Pursuit 5.45am~6.35am @ Wickepin Community Centre

Wickepin Playgroup 9.30am – 11.30am during school term.

Local Vocals with Mazz – 6pm in Narrogin

Saturdays:

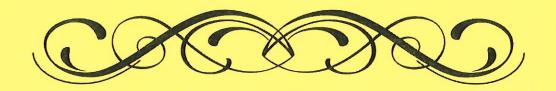
Banksia Bowmen Archery- Wickepin Community Centre @ 9am

Club Equipment Available

Sundays:

Anglican Church every 1st & 3rd Sunday @ 8am

Wickepin Pot Club Bowls Sunday 14th May until September



### ANZAC DAY SERVICE 2023 AND OFFICIAL RE-OPENING OF THE MEMORIAL GARDENS

We came together as a community to commemorate all Australian and New Zealanders who served and died in all wars, conflicts and peacekeeping operations. We remembered the contribution and suffering of all those who have served. We will remember them so their sacrifices were not in vain.

Thank you to all those who braved the cold and contributed to the ceremony and the community morning tea. It was wonderful to see so many of you there.

A special thank you to our Shire President, Cr Julie Russell for her words and to Mrs. Irene Moore, for sharing her ANZAC reflection and reading the Prayer of Remembrance.

Our tradition of our Shire Freeman, Mr. Murray Lang reading the Ode to Remembrance and the Last Post being played by Mr. David Kuppers continued, with an emotive and heartfelt effort.



The children from Wickepin Primary School represented their school beautifully and should be very proud of their contribution, and Colin Plumb for the raising of the flag.

On concluding the ceremony, Cr Russell acknowledged the completion to the upgrade of the Memorial Gardens, which includes the installation of 2 stainless steel Honour Roll Boards along with 2 soldier silhouettes.

The boards have the names of all servicemen and women from our district who served in WW1, WW2, Korea, Vietnam, and Other Service Volunteers from 1939 to 1995, etched in to them.

Thank you to Mrs. Stefie Green who meticulously researched and collated the names, working alongside our Community Development Officer at the time, Mrs. Karen Langford, and shire staff to bring this significant project to fruition, resulting in the memories of the servicemen and women of our district, being more accessible for public viewing. The project was enthusiastically supported and funded jointly by the Department of Veteran's Affairs and Hon Darren West, MLC.

Photo credits: Karen Langford







# 1 MAY 2023

#### YOUTH CREATIVITY COMPETITION - "SHARE YOUR VISION" - EXTENDED - CLOSING DATE 19 MAY 2023

The Shire of Wickepin is running a Youth Creativity Competition for our local children and young adults to show us what a sustainable future looks like for our Shire.

"Share Your Vision" - Is an art competition open to children and young people, aged 16 and under, who live in the Shire of Wickepin. The aim of the competition is to capture our youth's ideas and visions for the future of the Shire. The competition is part of a review of the Shire of Wickepin Community Strategic Plan, a plan that identifies the priorities and goals for our Shire.

Entries must represent the entrant's ideas and vision for the Shire and what they hope to see for the future. Entries will be judged in age categories with 10 x \$100 local gift cards up for grabs for the winners. Entries can be drawings, paintings, dioramas, sculptures - the possibilities are endless. Entries can be emailed to <a href="mailto:eso@wickepin.wa.gov.au">eso@wickepin.wa.gov.au</a> or dropped into the Shire Administration Office. Entries close Friday 19 May, 2023.







#### **Public Notice**

#### **Disposition of Property**

In accordance with section 3.58 of the *Local Government Act 1995*, it is hereby notified the Shire of Wickepin is advertising its intention to dispose of the following property via sale.

Details of the disposal are as follows -

#### Description of Property

4 Plover Street, Wickepin WA 6370 (Lot 35 on Deposited Plan 68408 as contained within Certificate of Title Volume 2767 Folio 680)

#### Details of Proposed Sale

Purchaser Consideration Market Value B Francis and K Flynn (Narrogin) \$37,000 (Thirty-seven thousand dollars) \$35,000 (Thirty-five thousand dollars)

Date of Valuation

14 April 2023

#### Submission

Written submissions are invited on the above proposal and will be received up to 4:00pm on Wednesday 10 May 2023. Submissions may be lodged by –

Hand Post Email 77 Wogolin Road, Wickepin WA 6370 PO Box 19, Wickepin WA 6370 admin@wickepin.wa.qov.au

Nathan Cain Chief Executive Officer 20 April 2023

# SHIRE OF WICKEPIN 2023 COMMUNITY GRANTS

Have you got a great idea for your Community Group? The Shire of Wickepin 2023 Community Grants are Now Open. Application forms are available via <a href="www.wickepin.wa.gov.au">www.wickepin.wa.gov.au</a>. Please contact Chief Executive Officer, Nathan Cain to discuss your proposed project prior to commencing application.

Applications close Friday 19 May, 2023.

#### **DRUM MUSTER**

The next Drummuster will be held on Tuesday 2 May 2023.

Collection is between the hours of 8.00am & 4.30pm by appointment only.

## **Bookings are Essential.**

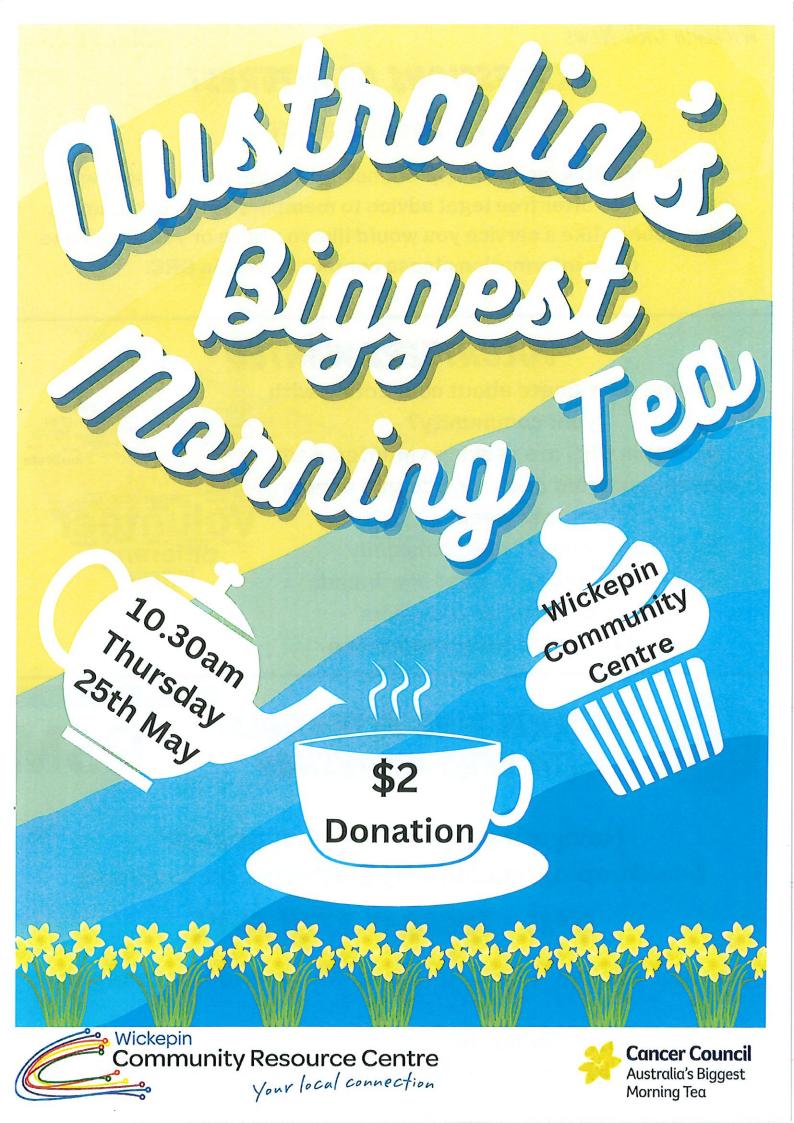
Contact the shire office on 9888 1005 for appointments advising number of drums for disposal.

Does your family have a health care card?

Your child may be eligible for up to \$150 towards club fees.







# EXPRESSIONS OF INTEREST

# Free Local Advice

Wickepin CRC have been approached by a legal professional who would like to offer free legal advice to members of the community. If this sounds like a service you would like to utilize or you would like more information please contact Wickepin CRC.

# **VOLUNTEERS WANTED**

Are you passionate about connecting with

your community?

Wickepin CRC are seeking volunteers to operate our front desk for a couple of hours with an accouple of hours with a couple of h

per week.

Connect with your community

Gain new skills Meet new friends

Improve your job prospects

Contact us for more information





# BOOKKEEPING ESSENTIALS WITH XERO WORKSHOP



Navigating one of the most popular bookkeeping/accounting platforms for business

5PM - TUESDAY 27TH JUNE

Contact Wickepin CRC for more information or to register

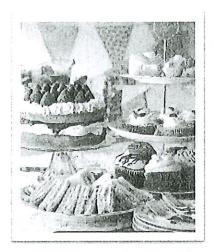
Phone: 9888 1500

Email: wickepintc@westnet.com.au



# Intergenerational Morning Tea Connecting Communities





When: Thursday 11th May

Time:10.00am -11.30am

Where: Yealering Town Hall

Proudly Presented by Yealering Primary School Community

\*Bringing People Together \*

Donations Appreciated

Yealering P&C - Supporting students' educational needs.

# 2023 Influenza Vaccines

# Free adult influenza vaccines are now available at the Wickepin Health Service for eligible clients

# Monday drop-in clinic 9:30am - 12:30pm

The following individuals in WA are eligible to receive government-funded vaccine:

- individuals 65 years or older
- pregnant women (any trimester)
- Aboriginal people 6 months and older
- individuals with medical conditions that place them at risk for complications of influenza, including:
  - cardiac disease
  - o chronic respiratory conditions
  - chronic neurological conditions
  - impaired immunity
  - o diabetes and other metabolic disorders
  - renal disease
  - haematological disorders

Please phone the Wickepin Health Service on 9888 2222 to discuss your eligibility.

Clients who do not fit the criteria for a free Health Department influenza vaccine are encouraged to see their GP or local Pharmacy

## Get in touch

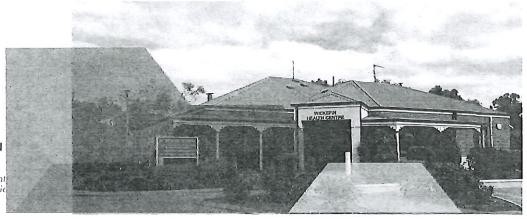
Wickepin Health Service

28 Johnston St

Wickepin WA 6370

www.wacountry.health.wa.gov.au

To provide feedback on this publication email wachscomms@health.wa.gov.ov. Alternative format be provided on request. © WA Country Health Servic



# 2023 Child Influenza Vaccines

Free child influenza vaccines are now available for all children at the Wickepin Health Service

Drop-in clinic for school aged children Mondays 3-4pm
Children under 5 by appointment

The following individuals are encouraged to receive a government-funded vaccine:

- children 6 months to less than 5 years
- primary school-aged children (from 5 years to students in year 6)
- children aged 6 months to 10 years receiving long-term aspirin therapy.
- Individuals over the age of 6 months with medical conditions that place them at risk of complications from influenza infection

Please phone the Wickepin Health Service on 9888 2222 to make an appointment

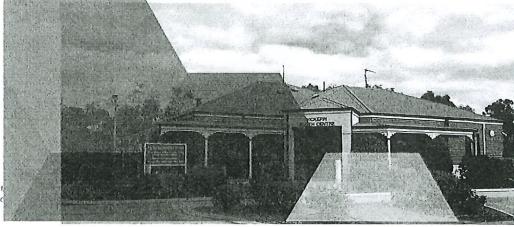
## Get in touch

WA Country Health Service

189 Wellington Street
Perth, Western Australia 6000
Telephone: 08 9223 8500
Facsimile: 08 9223 8599

www.wacountry.health.wa.gov.au

To provide feedback on this publication email wachscomms@health.wa.gov.ou. Alternative format be provided on request. ♡ WA Country Health Servic



# Central Agcare

# COUNSELLING

Free, confidential counselling services are available to all. We offer counselling to all age groups from 5 years of age.

Face to face counselling or by phone servicing the Corrigin, Bruce Rock, Narembeen, Kulin, Kondinin, Hyden, Quairading, Brookton, Pingelly, Cuballing & Wickepin areas.

Sand play and Art Therapy is available for children at the Corrigin office.

We are qualified Family Counsellors who can help individuals, couples and families negotiate their way through distressing experiences and bring understanding to them such as:

Anxiety

Depression

Life changes (physical & mental)

Abuse (past and present)

Loss and grief and

Relationship issues (home & work)

We are here to help.

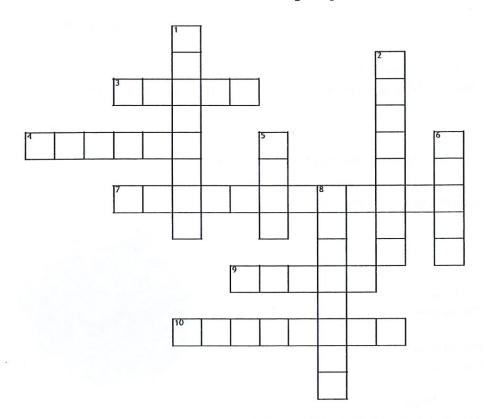
Contact our Counsellors: Joyce Contos: 0428 891 244

Anne Hague: 0427 133 711





# **Bowel Cancer Symptoms**



### Across

- **3.** If you ever notice this in your poo, make an appointment to see your doctor (5).
- **4.** If you notice any unexplained loss of \_\_\_\_ when you step on the scales, be sure to discuss it with your doctor (6).
- **7**. Abnormally infrequent bowel motions or pain or difficulty passing poo is called \_\_\_\_\_ (12).
- **9**. Unexplained fatigue or feeling more\_\_\_\_ than usual for more than four weeks can be a sign that something isn't quite right (5).
- **10**. A rounded enlargement of any part of the body is called a \_\_\_\_\_ (8).

Partner:



#### Down

- 1. Another word for a full and tight feeling abdomen is \_\_\_\_. It's best to discuss this with your doctor if it's been going on for more than 4 weeks (8).
- 2. Speak to your doctor if you notice any trace of blood or experience \_\_\_\_\_ from your back passage (8).
- 5. Term used to describe extreme discomfort (4).
- 6. \_\_\_\_\_ poo is another way to describe diarrhoea. If there's no explanation for this and it's been going on for more than 4 weeks make an appointment and discuss it with your doctor (5).
- **8.** An unexplained loss of \_\_\_\_\_ or feeling less hungry than usual should be discussed with your doctor to rule out anything serious (8).



# Easy recipes to make for Mothers Day

## Homemade pancakes

2 1/2 cups milk

1 1/2 cups plain flour

1 1/2 cups self-raising flour

2 eggs

Combine all ingredients in a bowl and whisk until the recipe is no longer lumpy.

Spray a pan with non-stick spray and heap 1/4 cup of mixture at each corner of the pan at medium heat until pancake mixture bubbles.

Flip and cook the other side.

Repeat with remaining mixture.

Add yoghurt, berries, banana, maple syrup or whatever you like to the pancakes

## Beef, cashew and baby broccoli stir-fry

1/4 cup sweet chilli sauce

2 tbsp sweet soy sauce

2 tbsp oyster sauce

2 tbsp peanut oil

600g Beef Rump Steak, thinly sliced.

1 large red onion, cut into thin wedges

3 garlic cloves, crushed

1 bunch baby broccoli, cut into 5cm lengths

450g pkt microwavable jasmine rice

100g snow peas, trimmed

3/4 cup (120g) cashews, toasted, chopped

Combine the sweet chilli sauce, soy sauce and oyster sauce in a small jug.

Heat 2 tsp of the oil in a wok or large frying pan over high heat. Stir-fry half the beef for 2-3 mins or until brown.

Transfer to a bowl. Repeat with 2 tsp of the oil and remaining beef. Wipe the wok or pan clean.

Heat the remaining oil in the wok or pan. Add the onion. Stir-fry for 2 mins. Add the garlic and broccoli. Stir-fry for 2 mins or until just tender.

Meanwhile, heat the rice following packet directions.

Return the beef to the wok or pan with the snow peas, cashew and soy sauce mixture. Stir-fry for 1-2 mins or until heated through and well combined. Serve with the rice.

## Scrunchy apple pie

Kids of all ages will enjoy making this fun fruity pie ... and they'll love eating it, too!

4 large granny smith apples, peeled, cored, cut into thick wedges

1 tbsp water

1 tbsp caster sugar

Pinch of ground cinnamon

4 sheets filo pastry, halved crossways

Olive oil spray

Icing sugar mixture, to dust

Cream, to serve

Preheat oven to 190°C. Place the apple and water in a large saucepan over

high heat. Bring to the boil. Reduce heat to low and cook, covered, for 10 minutes or until apple softens. Remove from heat. Stir in the sugar and cinnamon. Set aside for 30 minutes to cool.

Spoon the apple mixture into a 1.25L (5-cup) capacity ovenproof dish. Place filo on a clean work surface. Cover with a clean tea towel, then a damp tea towel (this will prevent it from drying out). Lightly spray 1 filo sheet with olive oil spray. Fold in half crossways. Scrunch into a rosette shape. Place on the apple mixture. Repeat with remaining filo. Bake for 15 minutes or until golden. Dust with icing sugar. Serve with cream.





# Wickepin Mother's Day Markets

and Bevorshire Tea





Saturday May 13th From 10am Wickepin Town Hall













Windchimes

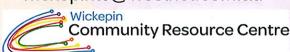


Pickles

Facepainting

Elephar

Stall holder fees apply For more information or to register your stall contact Wickepin CRC on 9888 1500 or wickepintc@westnet.com.au







# MANDY MAGRO The Strelnand Scent

## Adult Fiction - The Stockman's Secret: Mandy Magro

In the small town of Little Heart, Juliette Kerr and Joel Hunter are drawn together by their shared experience with school bullies. When the bullying takes a drastic turn, Juliette can see no other way to protect Joel from the aftermath than to break his heart and make him leave. Devastated, Joel packs his bags, heading far away in the heart of the outback to jackaroo at Rosalee Station for as long as it takes his heart to heal.

A decade later, Joel returns. He's no longer the hot-tempered young man who left, but he's never stopped loving her. Is it finally time to make things right between them? Will these two lovers find a way to make peace with the past and regain their future together?

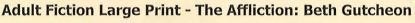
#### Adult Fiction - I Will Find You: Harlan Coben

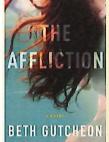
David and Cheryl Burroughs are living the suburban dream when one night, tragedy strikes. David awakes to find himself covered in blood, but not his own - his three year old son's. And while he knows he did not kill Matthew, the overwhelming evidence against him puts him behind bars indefinitely.

Five years later, Cheryl's sister arrives and drops a bombshell. She has a photo that a friend took at a theme park. The boy in the background seems familiar - and even though David realizes it can't be, he knows it is. It's Matthew, and he's still alive.

Coben IWILL FIND YOU

In order to find his son, clear his name and discover the real story of what happened that devastating night, David must first attempt the impossible....and escape from prison.





Since retiring from a New York City private school, Maggie Detweiler is busier than ever. Chairing a team to evaluate the faltering Rye Manor School for girls, she will decide whether the fabled school has a future at all.

At a reception to "welcome" Maggie's team, no one seems more keen for all to go well than Florence, a star teacher who is loved and respected in spite of her affliction - she can't stop talking.

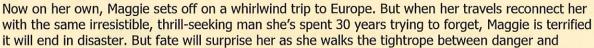
Two days later, Florence's body is found in the campus swimming pool.

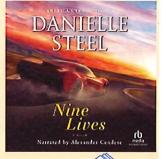
Maggie knows schools, but she also knows something about investigating murder, having solved a mysterious death in Maine the previous year when the police went after the wrong suspect. She is soon joined by her madcap friend Hope, and together they set out to unmask the killer of the too-talkative teacher.

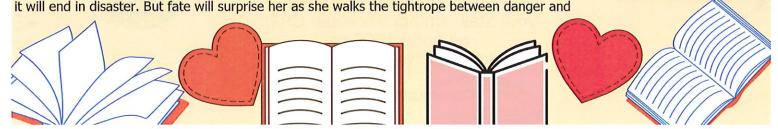
#### Adult Fiction Audio Book - Nine Lives: Danielle Steel

After a carefree childhood, Maggie came of age in the shadow of grief. Her Air Force pilot father died when she was nine. As the family moved around, her mother warned her to careful of daredevil men.

Following her mother's advice, and forgoing first love with a boyfriend who was too wild, Maggie sought out the things her mother had lost - a predictable partner, a stable home, a regular paycheque. She married a kind man - a reliable husband and successful accountant. They had a son and found happiness in a conventional suburban life. Until tragedy struck again.



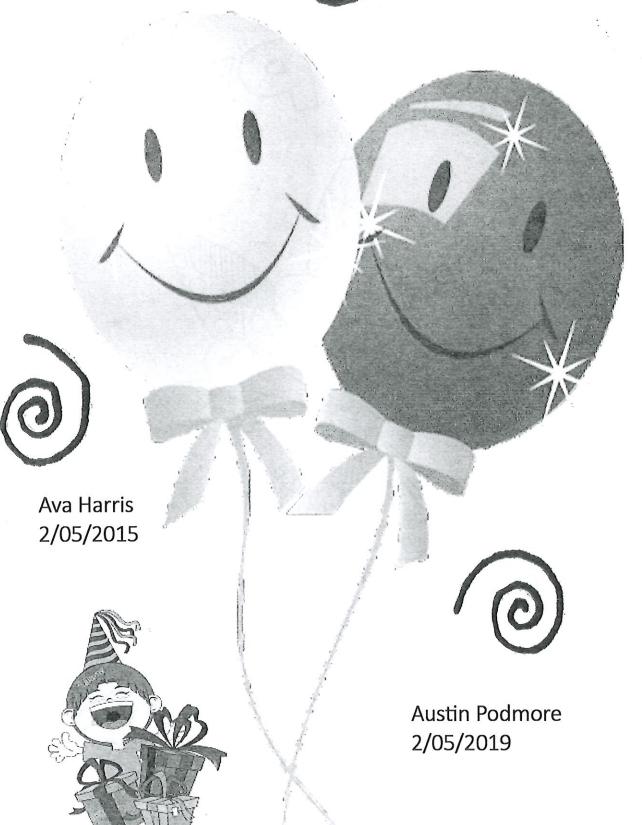




# KIDS CORNER



# HAPPY BURTHDAY



# **UPCOMING EVENTS FOR 2023**

JUNE

Bailiwick Legal Succession Workshop, Session 1 Wednesday, 28th June

Wickepin Community Centre

JULY

Women in Agriculture Day

Wednesday, 19th July 9:30am - 3:30pm

Wickepin Community Centre

Bailiwick Legal Succession Workshop, Session 2

Tuesday, 25th July

Wickepin Community Centre

AUGUST

Bailiwick Legal Succession Workshop, Session 3

Thursday, 10th August

Wickepin Community Centre

SEPTEMBER

**GRDC Harvest Forum** 

Tuesday, 12th September

Esperance

GRDC Harvest Forum

Wednesday, 13th September

Dunn Rock

GRDC Harvest Forum

Thursday, 14th September

Nyabing

**GRDC Harvest Forum** 

Friday, 15th September

Wickepin/Yealering

Facey Group AGM & Lamb & Larger Night

Friday, 15th September

Yealering Town Hall

**GRDC Harvest Forum** 

Friday, 22nd September

Cunderdin

**FACEY GROUP** 





# **Scanlan Wools**

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- Shearing advances
- Insurance covered from sheep's back to our store at no cost
- Sponsors of the Wickepin "Merino Fours" event
- New packs available at cost



# **DUFFY ELECTRICS**

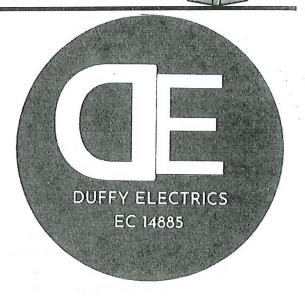
Residential

Commercial

Industrial

7 Tv installation

Air Conditioning Servicing Wickepin and



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surrounds



# Paws2Clip Dog Grooming Is Here!

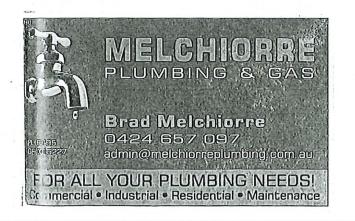
Paws2Clip has been a very successful grooming business in Perth for the last 6 years and I have moved to Tincurrin.

I groom all breeds, all sizes. I show and breed Toy Poodles.

Grooming it is my passion!

Give me a call to discuss your dog's pampering needs!

Iodie 0432 792 607





#### **POSITION VACANT**



WA Kaolin Ltd (WAK) is looking for a Work Health and Safety (WHS) Officer based at the East Wickepin processing plant alongside the current mining operation.

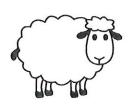
The role is permanent part time 3 days per week and is focused on training and assessing staff and providing leadership and guidance to the operations team on safety practices at the site.

As a WHS officer, you will be responsible for policies execution that will create and maintain a safe workplace. You must have excellent attention to detail to identify hazards. You will also be able to discover opportunities for improving conditions and execute various safety programs. The ability to communicate guidelines to a multidisciplinary workforce is essential.

The main duties include:

- Ensure the workplace meets all legal expectations and actively supports occupational health and safety
- Execute health and safety plans in the workplace according to legal guidelines
- Prepare and disseminate policies to establish a culture of health and safety
- Evaluate practices, procedures, and facilities to assess risk and adherence to the law
- Conduct training and presentations for health and safety matters and accident prevention

Please submit your application via email to recruitment@wakaolin.com.au



# LNT CONTRACTING

**Crutching & Mulesing** 

Yealering & Pingelly based

All enquiries—call Tristan—0436 390 078



-Save the Date-Lake Yealering Regatta Saturday 7<sup>th</sup> October 2023

Follow us on Facebook, Instagram and in The Watershed News



# Business, Trade & Service Directory





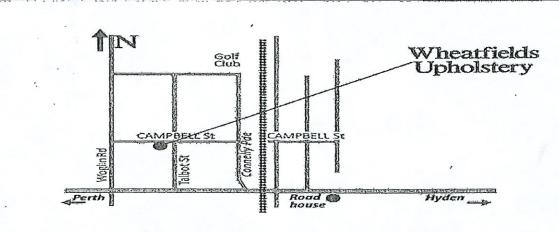
# Wheatfields Upholstery 50 Campbell St

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Contact: Glynis Robinson 0427 981 577 AH (08) 90632 359 E: wheatfields@iinet.net.au (over 59 years in the trade)

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Contact Watershed News . Emäil: watershed@wn.com.au Phone 9888 1500





# ANGWIN PLUMBING AND GAS

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All denominations welcome

Morning tea served after service

Enquiries: Irene—0437 801 026 or Elaine—0428 898 025





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#### LAKE YEALERING BOWLING CLUB 2022/2023 SEASON

**Any Combination Triples Open Day:** Sponsored by Summit Fertilisers & Lewisdale Stud Played 22<sup>nd</sup> March 2023 in ideal conditions if a little too warm in the afternoon. Teams travelled from Brookton, Narrogin, Kulin, Pingelly, Boddington, Northam, Wickepin and Kalgarin.

FIRST:

Clem Nottle's Team from Pingelly

SECOND:

Colin Coxon's Team from Northam

THIRD:

Nev Jamieson's Team from Narrogin

**WIND-UP DINNER AND PRESENTATION OF TROPHIES** Friday 28<sup>th</sup> April 2023 held in the Yealering Hall, superbly catered for by the Kweeda ladies.

**HANDICAP SINGLES** Sponsored by Ric & Shirley Elson

WINNER:

**Darrel Sims** 

**RUNNER-UP:** 

**Lois Shipley** 

**CHAMPIONSHIP PAIRS** Sponsored by Graeme and Beryl Poultney

WINNERS:

Jim Williams & Winston Dunwell

**RUNNER-UPS:** 

Jimmy Hamilton & Kelly Cochrane

CHAMPIONSHIP TRIPLES Sponsored by Hillco (Clint & Rachael Hill)

WINNERS:

Peter Stribling, Kelly Cochrane, Jimmy Hamilton

**RUNNER-UPS:** 

Sue Richards, John Sutton, Carol Davidson

**CHAMPIONSHIP FOURS** Sponsored by Sue Richards

WINNERS:

Jimmy Hamilton, Peter Stribling, Todd Hill, Darrel Sims

**RUNNER-UPS:** 

Kevin Coxon, Sue Richards, John Sutton, Carol Davidson

CHAMPIONSHIP SINGLES Sponsored by Trevor and Judy Elsegood

WINNER:

**Darrel Sims** 

RUNNER-UP Jim Williams

President Todd Hill thanked all the Sponsors and congratulated the winners. He commented how for a small club Open Days were well supported and although Lake Yealering didn't get into the finals of the Pennants, games were played with enthusiasm. Todd also made a presentation to John McKenzie, who has announced his intention to retire from bowls, and thanked him for his contribution to the Club over the years . Secretary and Caterer Lois Shipley thanked everyone for the help in the kitchen including John, Graeme, Peter and Sue for washing dishes. Reminder to All Members the AGM is Thurs 4<sup>th</sup> May.

Wickepin Football Club – 2023 Season Fixtures					
Round	Date	Versus	Location		
5.	Sunday, May 14	Wagin	Wagin		
6	Sunday, May 21	Kukerin/Dumbleyung	Wickepin		
7*	Saturday, May 27  *Belt Up Round*  *Narrogin to play Boddington in C grade time slot*	Boddington	Wickepin		
8	Saturday, June 3	Katanning	Katanning		
9	Sunday, June 11	Wagin	Wickepin		
	Bye (Colts	Carnival in Lake Grace 17/18 Ju	ne)		
10	Sunday, June 25	Kukerin/Dumbleyung	Kukerin		
11	Bye				
	Bye (Nutrien Ag Carnival 7/8/9 July)				
12	Saturday, July 15	Boddington	Boddington		
13*	Sunday, July 23 *Wagin to play Katanning in C grade time slot*	Katanning	Wickepin		
14	Saturday, July 29	Narrogin	Wickepin		
15	Sunday, August 6	Williams	Wickepin		
16	Вуе				
17	Saturday, August 19	Wagin	Wagin		

# **Wickepin Pot Club Winter Bowls News**

Sunday 14th May 2023

Names in by 9.45am for 10am start

Come along and enjoy a social fun morning of Bowls.

For more information, Contact 0428177952

Did you know?

If you are right handed, you will tend to chew your food on the right side of your mouth. If you are left handed, you will tend to chew your food on the left side of your mouth.

Perkins Machinery perkinsmachinery.com.au 9881 2222 SALE - PRICES SLASHED

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# COMMUNITY CALENDAR

\*

#### MAY

Tues 2nd	Technology Lessons-All about Apple iphones @ Wickepin CRC 10am	1
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Tues 2nd DrumMuster 8am-4.30pm. Appointment only.

Thurs 4th Lake Yealering Bowling Club AGM

Fri 5th Progress Assoc. Afternoon Tea and White Elephant Stall Yealering CWA from 2pm

Wed 10th Technology Lessons-All about Android phones @ Wickepin CRC 1.30pm

Wed 10th Healthy Eating Activity and Lifestyle 3pm-5pm @ Wickepin Community Centre

Thurs 11th Intergenerational Morning Tea @Yealering Town Hall 10-11.30am

Sat 13th Wickepin Mothers Day Markets and Car Boot Sale @ Wickepin Town Hall 10am

Sun 14th Mothers Day

Mon 15th Watershed News

Mon 15th Recycling and Bin Day

Thurs 25th Australia's Biggest Morning Tea @ Wickepin Community Centre 10.30am

Mon 29th Watershed News
Mon 29th Recycling and Bin Day

#### JUNE

Mon 5th Public Holiday WA Day

Mon 12th Watershed News

Mon 12th Recycling and Bin Day

Mon 26th Watershed News

Mon 26th Recycling and Bin Day

Wed 28th Facey Group Bailiwick Legal Succession Workshop, Session 1, Wickepin

Fri 30th School Term 2 ends

### JULY

**Mon 10th Watershed News** 

Tues 10th Recycling and Bin Day

Wed 19th Facey Group Women in Ag Event, Wickepin

Mon 24th Watershed News

Tues 24th Recycling and Bin Day

Tues 25th Facey Group Bailiwick Legal Succession Workshop, Session 2, Wickepin

#### **AUGUST**

Mon 7th Watershed News

Mon 7th Recycling and Bin Day

Thurs 10th Facey Group, Bailiwick Legal Succession Workshop, Session 3, Wickepin

Mon 21st Watershed News

Tues 22nd Recycling and Bin Day

#### **SEPTEMBER**

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Mon 4th Watershed News

Tues 5th Recycling and Bin Day

Tues 12th Facey Group GRDC Harvest Forum, Esperance

Wed 13th Facey Group GRDC Harvest Forum, Dunn Rock

Thurs 14th Facey Group GRDC Harvest Forum, Nyabing