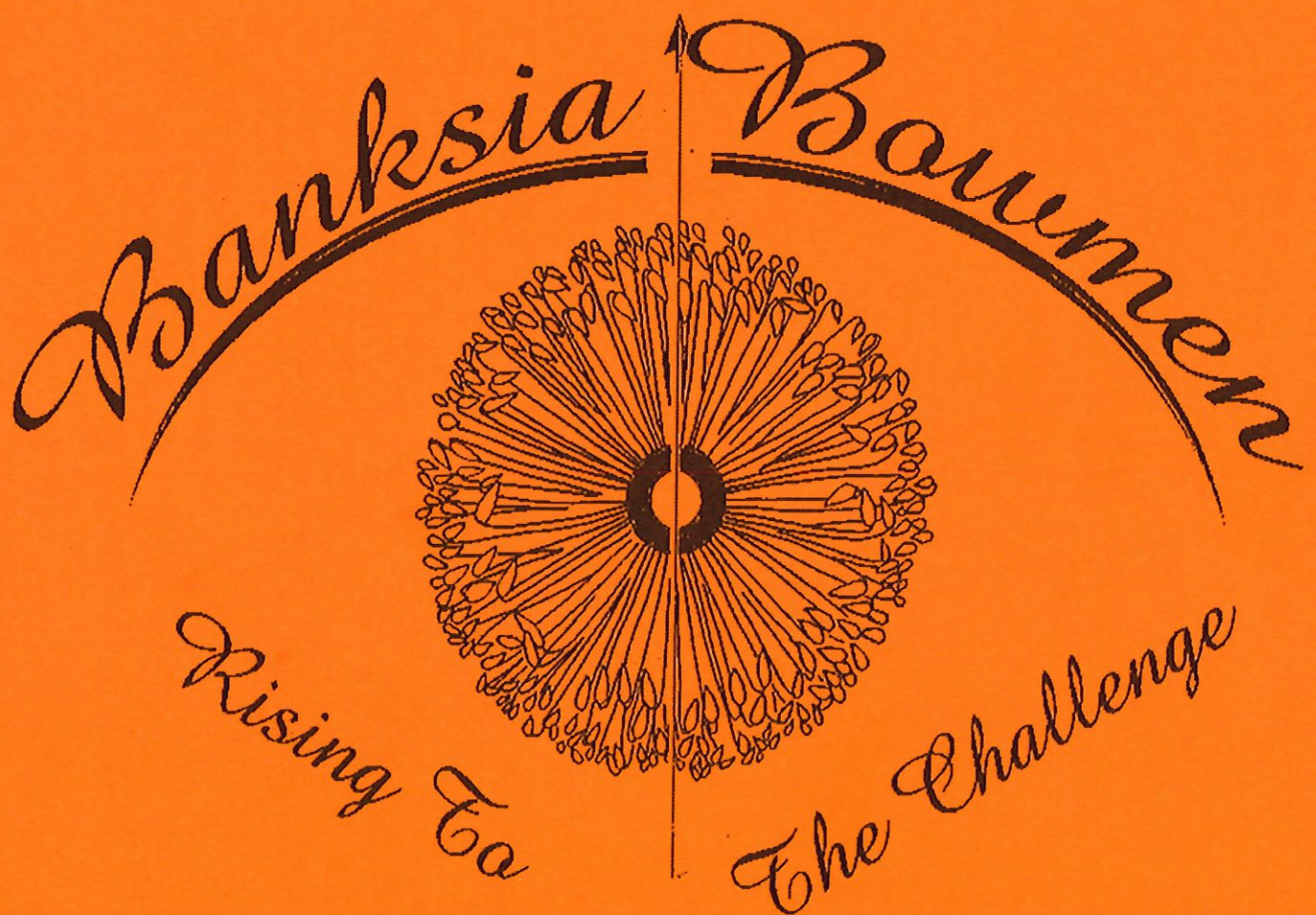


# WATERSHED NEWS

A free fortnightly paper for the areas of  
Harrismith, Tincurrin, Toolibin, Wickepin and Yealering

31<sup>st</sup> March 2025



The Banksia Bowmen Archery Club is an Indoor Archery Club.  
The club is a family-friendly, progressive, and supportive Archery club open to all genders  
and all ages. Based in Wickepin. New members are welcome.  
Feature article and contact details in the sports section.



# WATERSHED NEWS INC- COMMUNITY NEWSPAPER

ABN 96 234 351 594

## Contact Information

The Watershed News is produced at the Wickepin Community Resource Centre on dates shown below.

**Address:** 24 Wogolin Road, Wickepin 6370

**Postal Address:** PO Box 60, Wickepin, WA, 6370

**Phone:** 9888 1500

**Email:** wickepinwatershed@gmail.com

## IMPORTANT INFORMATION

<u>Advertising Rates</u>	<u>Full Page B&amp;W</u>	<u>Full Page Colour</u>	<u>Half Page</u>	<u>Quarter Page</u>	<u>Business Card</u>
	\$30	\$60	\$15	\$8	\$5

- All advertising for the Watershed News needs to be sent to the following email address – wickepinwatershed@gmail.com
- Submissions need to be in **by 11am** on the day of publishing.
- All submissions would be preferred in Word.
- All advertisements and classifieds must be submitted with clear contact details including a postal address, phone number and email.
- Watershed News produced pages are printed in black and white. Full page colour only if requested and paid for.
- The Shire of Wickepin community groups are entitled to a half page of advertising free of charge.

## WATERSHED NEWS 2025 PUBLICATION DATES

Monday 14 <sup>th</sup> April	Monday 23 <sup>rd</sup> June	Monday 1 <sup>st</sup> September	Monday 10 <sup>th</sup> November
Monday 28 <sup>th</sup> April	Monday 7 <sup>th</sup> July	Monday 15 <sup>th</sup> September	Monday 24 <sup>th</sup> November
Monday 12 <sup>th</sup> May	Monday 21 <sup>st</sup> July	Tuesday 30 <sup>th</sup> September	Monday 8 <sup>th</sup> December
Monday 26 <sup>th</sup> May	Monday 4 <sup>th</sup> August	Monday 13 <sup>th</sup> October	
Monday 9 <sup>th</sup> June	Monday 18 <sup>th</sup> August	Monday 27 <sup>th</sup> October	

## DISCLAIMER

The views expressed in the publications of the Watershed News are not necessarily those of the editor/s or other volunteers who produce it. We reserve the right to not print articles that are inappropriate.

## We want your Classified Advertisements

Advertising in the Watershed Classified section is free for two weeks, so send in your ads.

Email to [wickepinwatershed@gmail.com](mailto:wickepinwatershed@gmail.com) , or drop them into the Community Resource Centre.

## What's Happening in and around the Wickepin Shire?

Send in your news. Others would enjoy reading about your family news, milestone birthdays, events, travels etc.

Eulogies of our local residents and the ones who have moved away, are gratefully received.

The community cherishes the chance to read their life stories





**PUBLIC NOTICE  
SHIRE OF WICKEPIN**

**ADOPTION OF PARKING AND PARKING FACILITIES LOCAL LAW 2024**

In accordance with section 3.12(6) of the *Local Government Act 1995*, public notice is hereby given that the Shire of Wickpin has resolved to adopt the *Shire of Wickpin Parking and Parking Facilities Local Law 2024*.

**The purpose** of this local law is to regulate the parking or standing of vehicles in all or specified thoroughfares and reserves under the care, control and management of the local government and to provide for the management and operation of parking facilities.

**The effect** of this local law is to control parking throughout the district to ensure the safe, fair and equitable use of parking facilities under the care and control of the local government.

This local law was published in the Government Gazette on 1 April 2025 and will come into operation on 15 April 2025.

A copy of the local law is available at [www.wickepin.wa.gov.au](http://www.wickepin.wa.gov.au). Alternatively, a printed copy can be obtained from the Shire of Wickpin Administration Office, 77 Wogolin Rd, Wickpin during opening hours.

Peter Clarke  
Acting Chief Executive Officer

**Have you paid the Shire of Wickpin via direct deposit on the 24<sup>th</sup> March 2025? If yes, please contact us and let us know on 9888 1005.**

**EXPRESSION OF INTEREST FOR JOHNSTON STREET UNITS**

Applications are now open for a unit at Woodland Court. If you are aged 65 or older, or 55 or older for Indigenous individuals, and are interested in housing within the Shire of Wickpin, we invite you to contact us at 9888 1005 to receive an application package. We look forward to hearing from you!

**GRADERS & PLANT OPERATING IN WICKEPIN**

When approaching graders and plant on the road, please reduce your speed to ensure safety. Tune your radio to channel 40 to stay in communication with our drivers if needed.







## SHIRE OF WICKEPIN

### COMMUNITY GRANTS 2025/2026

Application package is available via  
[www.wickepin.wa.gov.au](http://www.wickepin.wa.gov.au)

Applications for Shire of Wickepin's Community Grants Program are now open for non-profit groups, to assist in delivering projects that directly benefit our community.

To be eligible for funding, projects must be undertaken between 1 July 2025 and 30 June 2026.

**NOW  
OPEN**

Contact Us

9888 1005



[admin@wickepin.wa.gov.au](mailto:admin@wickepin.wa.gov.au)



**APPLICATIONS CLOSE FRIDAY 23 MAY, 2025**

# ANZAC DAY

**Lest we forget**

Wickepin War Memorial  
Campbell St, Wickepin  
Commencing at 9.30am

Please bring a plate to share for morning  
tea - to be held in the Wickepin Town Hall  
following the service.

**Friday 25 April 2025**





# COMMUNITY NOTES

## April Birthday Wishes to:

- 1<sup>st</sup> Derek Taylor
- 2<sup>nd</sup> Katherine Thompson
- 3<sup>rd</sup> Daphne Tetlow
- 4<sup>th</sup> Kate Bennier
- 6<sup>th</sup> Isabel Avery
- 7<sup>th</sup> Cooper Bennier, Stacey Buttigieg, Scott Bayley
- 9<sup>th</sup> Baxter Cowcher
- 10<sup>th</sup> Zachery Rance
- 11<sup>th</sup> Darcy Martin
- 12<sup>th</sup> Zen Turner, Robert Bennier



Congratulations to Rob and Lee-Ann Mullan.

Rob was honoured with a Life Membership and Lee-Ann was awarded an appreciation award by the Stub Merino Breeders Association of WA.

Condolences to the family of Michael Davey who passed away last week. The eldest son of Jessie Davey, brother to Kevin (dec), Heather & Janet. Michael grew up in Wickepin and went to the Wickepin Primary School and worked in the farming industry before leaving to reside in Mandurah.

Elaine & Keith Bushby, Ruth Bailey and Joan Wyllie attended the Dami Im concert in Narrogin last Wednesday evening, enjoying it immensely. Many varieties of genre, music and beat.

## Community Groups

The Watershed News team would like assistance to feature different groups/clubs on the front cover plus an article in the edition. This edition the featured club is Banksia Bowman Archery. Please email a picture or logo and an article if you want your community group/club featured. Also, please send information to add to the What's on in Wickepin Weekly Page and Community Calendar. [wickepinwatershed@gmail.com](mailto:wickepinwatershed@gmail.com)

### RAINFALL

2024	mm	Days	Total	2025	mm	Days	Total
January	13.2	3	13.2	January	7	2	7
February	3.4	3	16.6	February	5.2	1	12.2
March	32	7	48.6	March	41.4	33	53.6
April	0	0	48.6	April			
May	40.8	7	86.6	May			
June	34.4	13	121	June			
July	72	21	193	July			
August	84	15	280.2	August			
September	29	6	309.2	September			
October	14.8	4	324	October			
November	22	6	346	November			
December	0	0	346	December			





Hello All,

Just a brief note to firearms holders that may have received notices, or have queries regarding new legislation coming into effect.

Please call and check Wickepin Police are on duty before travelling to the station with firearms as we may not be on dayshift, or out tasking with other matters, and we don't want people travelling into town then having to worry about firearms in the vehicle.

It also helps if we know you are attending and can meet you there, or collect items if we are out on patrol, as some people have expressed concern at going to the front of Police station with firearms and causing undue alarm to people who may not understand what they are attending for. Advance notice will help us all, and we can process matters in the most timely fashion, or if you are travelling to Narrogin, their front counter is always attended and they can assist 8-4 Monday – Friday.

It's been great to see compliance by most kids, with adults setting good examples for helmets and road safety – particularly where the playground access often involves crossing our busy roads – school holidays aren't far away and please bear in mind more children out and about on bikes and scooters... stay safe and enjoy 🧑🏻 🚲 🛵 🚗 🚙 🛶 🧑🏻

- Thanks Again, Phil MILNE and Andy SPENCER , YOUR WICKEPIN POLICE 🚗 🧑🏻 🚗

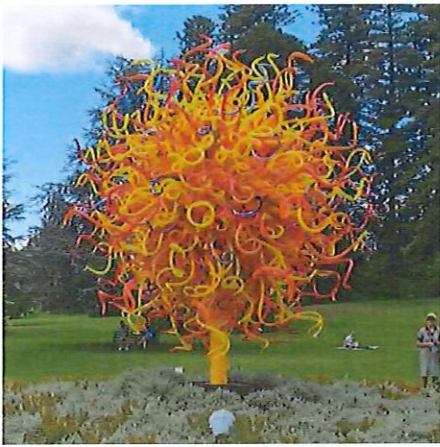
*As mentioned, the **station phone (98932800)** is diverted to Albany while we're not in the office, **leave a message and they will contact us to return your call** (or we may drop in if on patrol 😊) – but of course, **use 000 if it's a life-threatening emergency** for urgent attention, we will be recalled if not working if necessary, and Narrogin or others may assist us if required.*

We are holding our first "Games and Afternoon Tea"  
event for 2025 at the Yealering CWA on Friday the 4<sup>th</sup> April.

Come for a catch up, or a game of  
Rummy O, Mahjong, Scrabble, Chess or cards  
from 1pm or anytime for a cuppa!







Pam Carden and Bruce Dixon recently visited family in South Australia. While there they visited the blown glass exhibition called *Chihuly in the Botanic Gardens* in the Adelaide Botanic Gardens





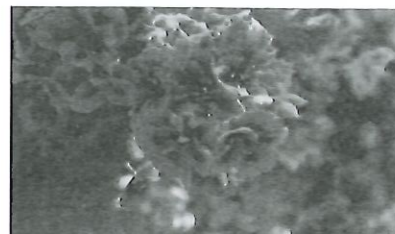
## *Autumn Plants for Free....*

*Autumn is the season to start Planting. Gardeners love this time of year as it is all about Renewal and Regeneration.*

*With soil that is still warm, you will just need to water plants well, to get them off to a good start.*

*Also, with the passing of Summer, now is a great time to grow your own plants from cuttings. There is less risk of them drying out, but temperatures are still warm enough to encourage root formation and the establishment of new plants before Winter.*

*Cuttings taken now generally use Semi-hardwood (or new season growth that has partially hardened) or Hardwood (older growth that has not fully hardened). Don't be too worried about getting it exactly right. Just look for material that seems to have "toughened up" a little, and isn't super-soft or bendy.*



### *Step-by-Step Guide to Planting Cuttings*

1. Water the mother plants thoroughly the day before to ensure cuttings will be fully turgid when taken.
2. Select strong stems that have no signs of pests or diseases. Cut 10-20cm long pieces, ensuring each piece has at least one node under the ground, and one node above the ground. The top of the cutting should be trimmed to just above a node, and the base trimmed to just below the node (the node being the growing point from where the "roots and shoots" will develop).
3. Prepare the cutting by gently stripping off all leaves, except for a few at the top. If the remaining leaves are large, they can be cut in half to reduce moisture loss.
4. You can use honey or commercial hormone powder in which to dip the base end in to encourage faster root development.
5. Poke a hole into the potting mix with your finger, or a stick to avoid damage to the cutting stem, then insert the cutting into the hole (bottom, "dipped" end down.)
6. Water well, cover with a plastic bag and keep "just moist" until roots develop – commonly 4 to 8 weeks, but some plants take much longer, so be patient, and resist the urge to pull at the cutting to "check" if the roots are forming. Also, due to their nature- deciduous plants won't show any "growth" until Spring.
7. Open the bag to reduce humidity and "harden off" the cuttings. Water and fertilise as required, and when the cutting is big enough in spring, you will be able to plant it out in the greater garden.

*Easy plants to try: Abelia; Azalea, Geranium, Hydrangea, Hebe, Indian Hawthorn, Rhododendron; Cordyline, Correa, Eriostemon; LillyPilly; TeaTree; Westringia; Lavendar, Rosemary, Citrus, Passionfruit.*





# SCAM AWARENESS WORKSHOP



Join us for this CommBank information session to learn some of the ways you can protect yourself online. Rhonda will discuss the key things to know about online security and provide practical tips to help protect yourself.

**When: Tuesday 29th April**

**Where: Wickepin CRC**

**Time: 1:30pm**

**RSVP: Thursday 24th April**

Afternoon tea provided.  
Please RSVP on 9888 15800 or  
[admin@wickepincrc.com.au](mailto:admin@wickepincrc.com.au)  
for catering purposes



Department of  
Primary Industries and  
Regional Development



# EOI FORKLIFT *Licence Course*

Wickepin CRC are aiming to run a 2-day forklift licence course in April, prior to seeding. If you or your employees need to obtain your licence, register your interest on 9888 1500 or [admin@wickepincrc.com.au](mailto:admin@wickepincrc.com.au)

Minimum numbers are required to proceed, so get in touch ASAP. Dates will be confirmed once numbers are met.

Please note:

This is not a learn-to-drive course, but a get-your-licence course. Participants need to have previous forklift driving experience in order to attend.



Department of  
Primary Industries and  
Regional Development





## KIDS PAGE



### WORD SEARCH

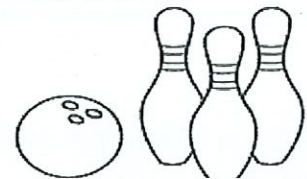


BADMINTON  
BASEBALL  
BASKETBALL  
BOWLING  
BOXING

CYCLING  
FOOTBALL  
GOLF  
GYMNASTICS  
HOCKEY

KARATE  
LACROSSE  
RACING  
RUGBY  
SKIING

SOCCER  
SURFING  
SWIMMING  
TENNIS  
VOLLEYBALL



## KIDS BIRTHDAYS

**Charlie Marsh**

**7<sup>th</sup> April**

**2015**





## Healthy Spanish Chicken and Beans

### Ingredients (12)

- 1 tsp smoked paprika
- 1 tsp harissa paste
- 2 garlic cloves, thinly sliced
- 1 tbsp fresh lemon juice
- 4 (about 250g) chicken tenderloins
- 125g green beans, chopped
- 400g can no-added-salt cannellini beans, rinsed, drained
- 1 small zucchini, sliced
- 50g (1/4 cup) pitted Sicilian green olives, halved
- 400g can cherry tomatoes
- 1 tsp extra virgin olive oil
- Fresh parsley sprigs, to serve



### Method

Combine paprika, harissa, garlic and lemon juice in a large sealable glass or plastic container. Add chicken and turn to coat.

Place the green beans, cannellini beans, zucchini, olive and tomatoes in another large sealable glass or plastic container

Heat oil in a large frying pan. Add contents of chicken container. Cook for 2 minutes each side or until browned. Add contents of veg container. Simmer for 10 minutes or until veg is just tender. Divide chicken and veg mixture among serving plates. Top with parsley.

---

### Beets in Orange Sauce

- 8 whole fresh beets
- 1/4 cup sugar
- 2 teaspoons cornstarch
- Dash pepper
- 1 cup orange juice
- 1 medium navel orange, halved and sliced, optional
- 1/2 teaspoon grated orange zest



Place beets in a large saucepan; cover with water. Bring to a boil. Reduce heat; cover and cook for 25-30 minutes or until tender. Drain and cool slightly. Peel and slice; place in a serving bowl and keep warm.

In a small saucepan, combine the sugar, cornstarch and pepper; stir in orange juice until smooth. Bring to a boil; cook and stir for 2 minutes or until thickened. Remove from the heat; stir in orange slices if desired and zest. Pour over beets.



# HELP SHAPE THE FUTURE OF THE WICKEPIN CRC

The Wickepin Community Resource Centre is developing a strategic plan to ensure we continue to meet the needs of our community. We want your input! This short survey will take just a few minutes, and as a thank you for your time, you'll go into the draw to win a **\$100 voucher!**

## SCAN QR CODE TO PARTICIPATE





# HELP SHAPE THE FUTURE OF THE WICKEPIN CRC

The Wickepin Community Resource Centre is developing a strategic plan to ensure we continue to meet the needs of our community. We want your input!

This short survey will take just a few minutes, and as a thank you for your time, you'll go into the draw to win a **\$100 voucher!**

How often do you use the Wickepin CRC services, and what would encourage you to visit more?

What is important to you when visiting the Wickepin CRC or participating in community events? (e.g. respect, inclusivity, friendliness, affordability)

What does the CRC do well that should be continued or expanded?

What ambitious projects could create the a positive impact in our community?

If you would like to enter the prize draw please provide your contact details:



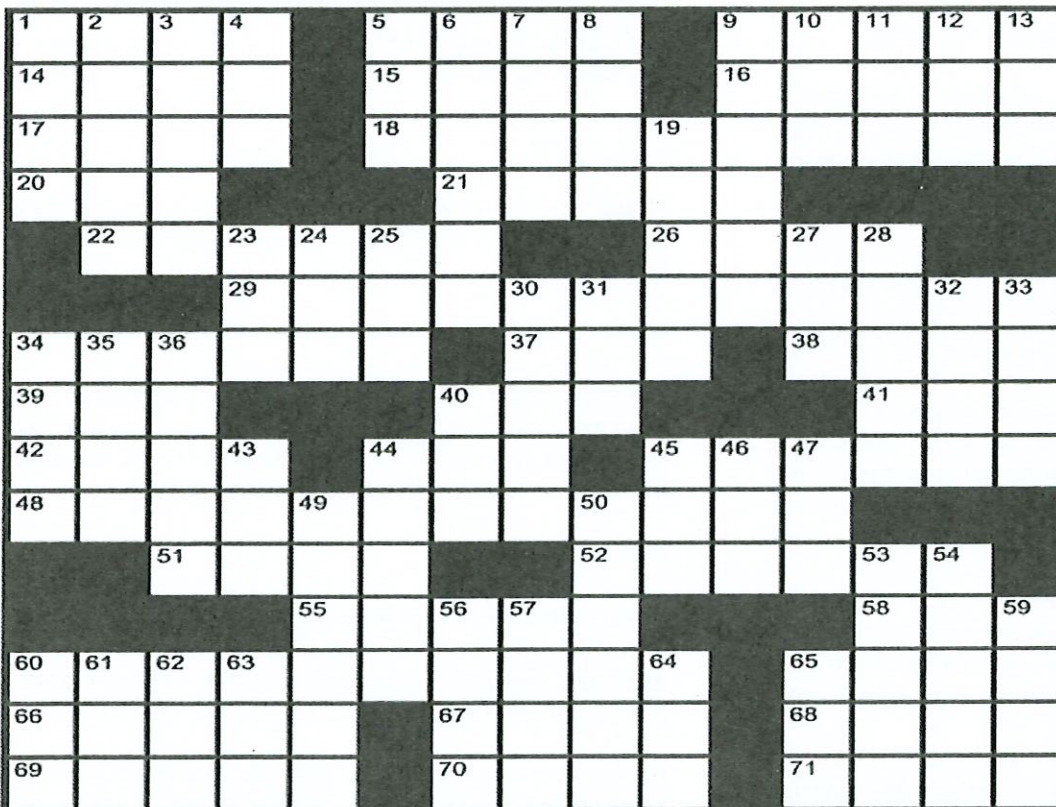
## Crossword: March 31st

### Across

- 1 60's hairdo  
 5 Ancient mariner  
 9 Ford flop  
 14 Hacienda hand, maybe  
 15 Fair-sized garden  
 16 Author \_\_\_ Ingalls Wilder  
 17 Halftime lead, e.g.  
 18 Exciting rodeo event  
 20 Good name for a lawyer?  
 21 Runs easily  
 22 Honeypot shrub genus  
 26 Spring event  
 29 Cowgirls' rodeo event  
 34 Rodeo event difference maker  
 37 \_\_\_ Paulo, Brazil  
 38 Wax-coated cheese  
 39 Wood sorrel  
 40 Suffix with ideal  
 41 Feedbag morsel  
 42 Rani's wear  
 44 Drink suffix  
 45 Rodeo protection athletes  
 48 Rodeo contestants' special skill  
 51 Abominable Snowman  
 52 Space followers?  
 55 Related maternally  
 58 Pertinent  
 60 Rodeo event that highlights riatas  
 65 Skier's transport  
 66 From the top  
 67 Miscellany  
 68 Very slim margin  
 69 Home of the brave  
 70 Artistic movement  
 71 Heavy reading

### Down

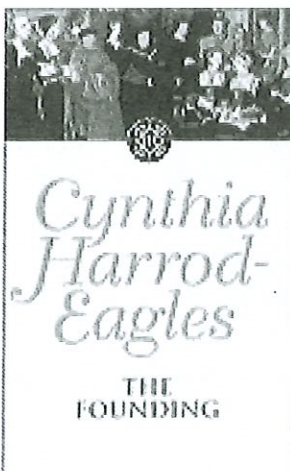
- 1 Primatologist's study  
 2 Sick and tired  
 3 Moore of "The Saint"  
 4 Iron number  
 5 Capture  
 6 Visual  
 7 Folk singer Guthrie  
 8 Assist  
 9 Inventor Otis  
 10 Family member  
 11 \_\_\_ generis (unique)  
 12 Sea eagle  
 13 Time delay  
 19 Hardly modern  
 23 Japanese sash  
 24 Beachgoer's goal  
 25 Unit of work  
 27 Air hero  
 28 Black \_\_\_  
 30 Big Bertha's birthplace  
 31 Take a powder  
 32 Indian bread  
 33 Universal times (Abbr.)  
 34 Tarradiddle, in the UK  
 35 UN agency concerned with civil aviation  
 36 Get a wife  
 40 Muckraker Tarbell  
 43 British verb ending  
 44 Kind of acid  
 45 Chinese tea  
 46 Jar part  
 47 Expose, in verse  
 49 Forever, poetically  
 50 Picturesque  
 53 It's a no-no  
 54 Involuntary twitch  
 56 Footless animal  
 57 Mah-jongg piece  
 59 Sloth's home  
 60 Kind of burglar  
 61 Ripen  
 62 Napkin's place  
 63 "A pox on you!"  
 64 Moo \_\_\_ gai pan  
 65 Explosive initials



## RECOMMENDATIONS

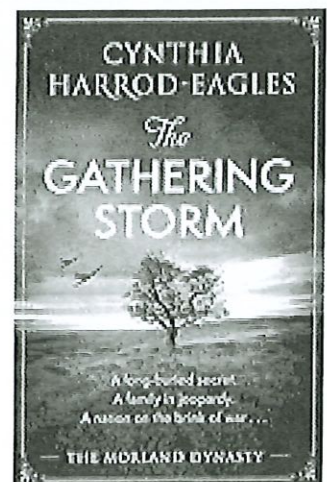
### The Morland Dynasty

The Morland Dynasty is a series of historical novels by Cynthia Harrod-Eagles, based around the Morland family of York, England and their national and international relatives and associates.



There are currently thirty-five books in the series. The first book begins in 1434 and features the Wars of the Roses; the most recent book begins in 1931 and deals with the early years of the Depression, the rise of Fascism in Europe, and culminates in the Abdication Crisis of 1936 in Britain.

This recommendation was provided  
by Heather Tobin







# The Wicky Weekly

24 March 2025

Dear Parents and Caregivers,

Greetings!

What a productive and busy time here at Wickepin PS over the last couple of weeks. Our NAPLAN testing has been completed and all students in Years 3 and 5 were able to participate in a calm and supportive environment. A special thank you to Mrs Hull for all her support and work behind the scenes.

Congratulations continue for Mrs Hull and her exceptional students for an amazing assembly last week – I was able to view the video from Perth and was extremely impressed with the singing and dancing. Wonderful job Room 9!

Our assemblies have moved to afternoons after consultation with the P&C, School Council, and staff. I received thoughtful feedback indicating that moving the assembly to the afternoon would ensure a consistent morning routine for all students, protect the English blocks of teaching first thing in the morning until recess, and be beneficial for a larger number of families. I hope that with adequate notice, families will be able to make any necessary adjustments to their schedules for these few occasions. That said, the staff were able to let me know the times were not quite right on Wednesday and this caused some inconvenience for parents as the assembly finished at approximately 2.15pm. We have reflected on this and will move the assemblies to a start time of 1.45pm which will take us through nicely to the end of the day and families will be able to take their children home at 2.30pm as usual on a Wednesday.

Merit certificates will continue to be presented to children that the teaching staff (including Specialist teachers) feel should be recognised based on merit. Teachers can choose between 2-4 students at each assembly and these certificates could be awarded for demonstrating school values, attitude and behaviours, kindness, integrity, friendship, progress, or achievement.

Our students are also recognised at school in many other ways for example – positive feedback, stickers, individual classroom award systems, Wicky Way assemblies, Above and Beyond wall displays and Lunch with the Principal. I am pleased to announce that families will be invited to attend Wicky Way assemblies from Term 2 and we look forward to welcoming you to these events.

We celebrated Harmony Week across school last week and I hope you will enjoy the photographs in this newsletter and on our Facebook page. If you have not yet had the opportunity to follow us on Facebook, please consider this as we do post there frequently.

Have a wonderful week!



## Early Arrivals

Please note that Wickepin PS does not assume duty of care of students until 8.30am. Please ensure your child does not arrive before this time.

## COVID-19

Please test daily if your child/ren is COVID positive and keep them home for five days and until they are symptom free. Please keep your child/ren home if they are unwell, no matter the cause, to avoid the spreading of viruses and germs.

## Absentee Information

Please contact the school office on 9888 2300 to let us know of your child's absence. Emails regarding absences can be sent to [wickepin.ps@education.wa.edu.au](mailto:wickepin.ps@education.wa.edu.au). This email address captures the Principal, Manager Corporate Services and School Officer.

You can also send us a text on 0438 957 163. If you have not informed the school of your child's absence, then a text message will be sent to you at 10.00am. Please remember to let us know the reason for absences, i.e., unwell, appointment, etc.

Kind regards,  
Hazel Herd

## Dates to Remember

March	
28	School Council Meeting
April	
2	Storytime 0-4 yrs
8	Leadership Conference, Year 6's in Williams
11	ANZAC Ceremony– 1:45pm
	End of Term 1.



# SCHOOL HOLIDAY ACTIVITIES



## EASTER BASKET CRAFT

Tuesday 15th April

10am-12pm

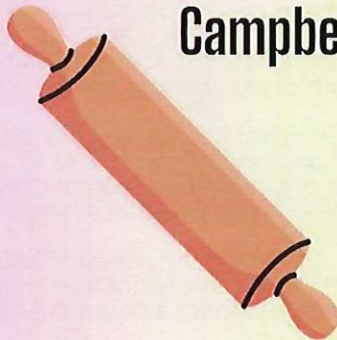
At Wickepin Community Resource Centre

## ANZAC BISCUIT BAKE OFF

Tuesday 22nd April

10am-12pm

At Wickepin Community Centre Oval  
Campbell street



Join us for plenty of laughs and bucket  
loads fun fun fun

RSVP By 14th April on 98881500  
or [admin@wickepinrc.com.au](mailto:admin@wickepinrc.com.au)

Spots limited

Cost \$5.00 per child



Community Resource Centre  
*your local connection*



Department of  
Primary Industries and  
Regional Development



# New books at the Wickepin Public Library

**RACHAEL JOHNS**



**The Bad Bridesmaid**

## **ROMANCE: The Bad Bridesmaid-Rachael Johns**

When serial dater Winifred Darling – Fred – is asked to be the maid of honour at her mother's sixth wedding, she's determined to do everything in her power to stop it. As the author of a forthcoming book called 21 Rules for Not Catching Feelings, she knows better than most about the perils of falling in love.

On arrival at the island wedding destination, Fred is delighted to discover that the groom's hot muso son Leo is just as set against the wedding as she is. Together, they come up with 'Operation Break-Up' to prevent their parents from making what they believe will be a catastrophic mistake.

But as Fred and Leo get to know each other better, their unexpected feelings for each other create further complications, and Fred is forced to rethink her own rigid rules about romance and family. Maybe not every relationship has to play by the book, and could Fred become the star in a romcom of her own?

A heart-warming friends-to-lovers romance about the magic and mayhem of weddings – and what happens when everything you thought you knew about love is turned upside down.

**MICHAEL TRANT**



**BLOOD AND GOLD**

## **AUSTRALIAN THRILLER: Blood and Gold-Michael Trant**

Someone is stalking gold hunters. Now a bushman is stalking them . . .

Terry Drage is not the first amateur gold prospector to rock up to the Murchison Hotel, brag about an exciting discovery - and then vanish into thin air. But Gabe Ahern is determined he will be the last.

No one knows the land around the remote Western Australian town of Cue better than Gabe - a wild dog trapper who's in his element in the bush. Feeling responsible for his friend's fate, he races there to join the search.

But it won't be an easy ride. For a start the local cops seem sure Terry going missing is nothing more than a tragic accident. It's down to Gabe to spot the sinister pattern of disappearances and deaths in recent years.

Plus, the last time Gabe was in his old home town it was under the very worst of circumstances. And now, to stop a killer, he'll need to confront the ghosts from his past . . .

**IN A HEARTBEAT**

True Stories and Insights From Experts, Survivors, and Frontline Heroes



Rachel Jayne Cassidy

## **TRUE STORIES: In a HEARTBEAT-Rachel Jayne Cassidy**

Author Rachel Jayne Cassidy knows firsthand what it's like to be on the brink of life and death.

After surviving a critical heart attack, she understands the challenges of heart health. Cardiovascular disease is the number one killer worldwide, impacting more than 500,000 Australians. Rachel Jayne emphasises for the lucky survivors that while recovery takes time, it is crucial to learn how to live and thrive after a heart event.

In a Heartbeat delves into the emotional and physical complexities of dealing with heart disease, sharing real-life, emotionally raw stories that provide insight into the impact of this disease. From survivors to everyday heroes who, by a momentary twist of fate have saved a life, to the health professionals who work tirelessly behind the scenes to give seriously ill patients a second chance at life. This combination of insightful stories captures the full spectrum of experiences and provides a comprehensive understanding of heart health.

This valuable guide features uplifting, inspiring accounts of human survival against all odds, alongside valuable heart health information from well-recognised cardiologists and health professionals across Australia. Inspiring stories include Strictly Ballroom star turned politician Paul Mercurio, former original yellow Wiggle Greg Page, aspiring First Nations entertainer Warrawatja Bell, little Arlo—the face of the 2023 Royal Children's Hospital appeal, former Chief Minister of the Northern Territory Michael Gunner, and many more.

Rachel Jayne's journey as a heart attack survivor and heart health advocate provides her with deep personal insights and invaluable knowledge. She is dedicated to ensuring that those who have experienced a heart event find comfort and reassurance in this book, knowing they are not alone. Rachel Jayne hopes this book will spark a potentially life-saving conversation.

**COREY TUTT**

ART BY BEN WILLIAMS



**CAUTION! THIS BOOK CONTAINS DEADLY REPTILES**

## **CAUTION THIS BOOK CONTAINS DEADLY REPTILES: Childrens Non-Fiction**

**Corey Tutt and Art by Ben Williams**

As a child, Corey would run barefoot across fields, climb rocks, jump into creeks and explore red sands in search of reptiles. The only reference books he could find included European and Latin names, but as a Kamilaroi man, Corey was keen to learn reptile names in First Languages.

Sharing knowledge from 20 different First Nations, Caution! This Book Contains Deadly Reptiles is a reptile book unlike any you've seen before. For each reptile featured, you'll discover its name in a First Language, plus learn about favourite feeds, breeding and babies, conservation, predators and prey, and most importantly, what makes that reptile deadly (in a good way). There are also descriptions of the landscapes where you can spot these reptiles, and Ben Williams' colourful illustrations will have you turning every page in wonder.

The amazing facts in this book will astound you! Did you know that a central bearded dragon's beard can change colour to protect it from predators? Or that the temperature of a turtle egg nest determines if the baby turtles will be boys or girls? Or that some First Nations names for reptiles can be more scientifically accurate than the European names, such as the common death adder that is more closely related to a brown snake than an adder?

Corey will introduce you to this incredible world of reptiles, which may be deadly in more ways than one.



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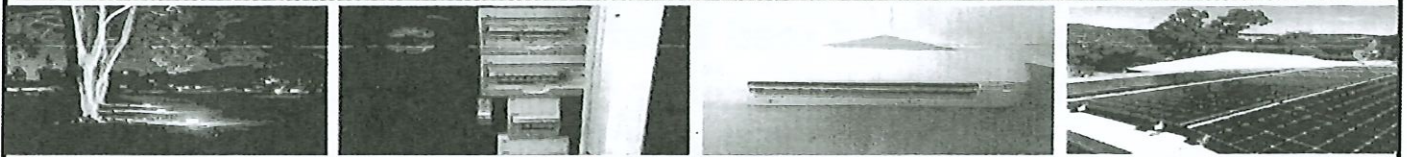
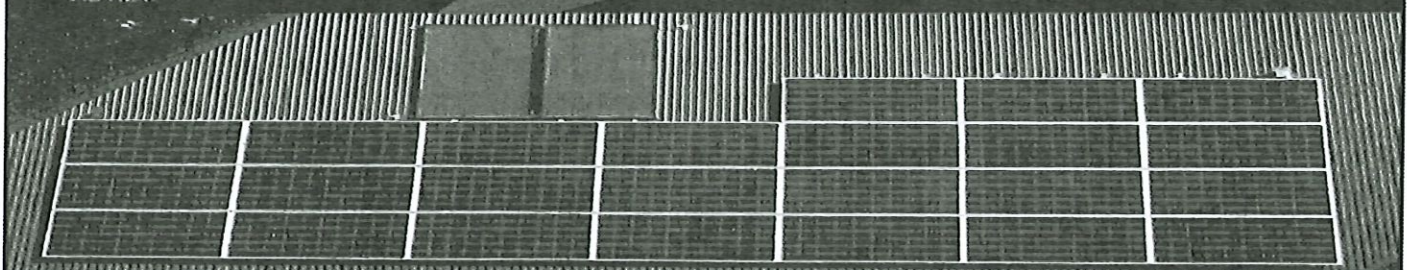
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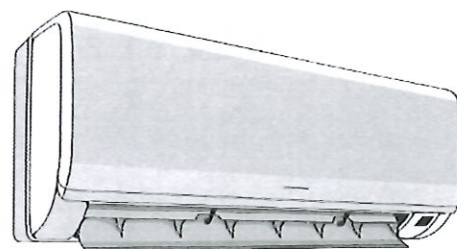
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welcome  
TO THE  
TEAM

Marie Meehan

---

We warmly welcome Marie Meehan to the Central Agcare  
Family Counselling team.

Marie has joined current counsellors, Joyce Contos & Anne Hague, in  
providing free, confidential counselling services to all age groups,  
individuals, couples and families.

Marie is available to be contacted for counselling appointments on  
0456 294 765 or email: [marieagcare@outlook.com](mailto:marieagcare@outlook.com)

Joyce Contos: 0428 891 244 | Anne Hague: 0427 133 711 | Marie Meehan: 0456 294 765

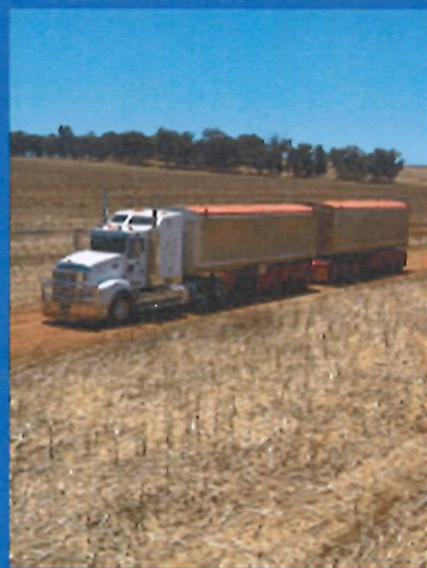
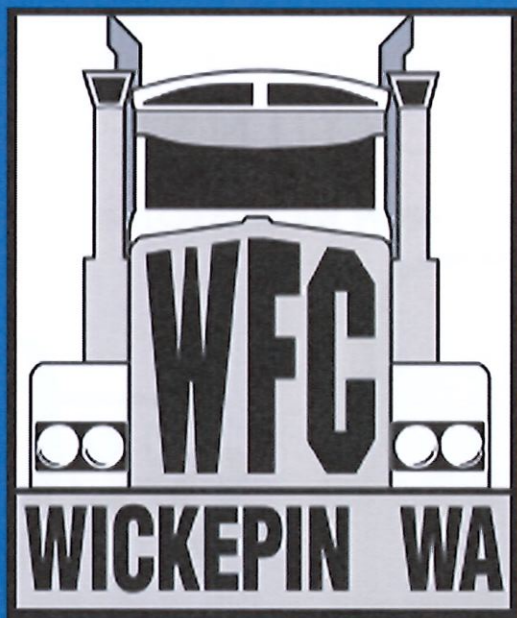
Email: [ceagcare@bigpond.com](mailto:ceagcare@bigpond.com)



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# WICKEPIN FESTIVAL

*Save the Date*  
21-02-2026

## Community Drop in Session

Monday, 31st March  
Drop in anytime between 5-6pm  
Wickepin Community Centre,  
Campbell Street

*Have your say...*

We're planning the 2026 Festival, and we'd love  
to hear your feedback and ideas!  
Drop in for a quick, commitment-free chat - just  
10 minutes to share your thoughts on what  
you'd like to see at the festival.

IGNITE  
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## ST JOHN'S ANGLICAN CHURCH

Johnston Street, Wickepin - Phone 0428 898 025

Services held at 8.00am  
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FRIDAY 18 <sup>TH</sup> APRIL	CLOSED
SATURDAY 19 <sup>TH</sup> APRIL	CLOSED
SUNDAY 20 <sup>TH</sup> APRIL	CLOSED
MONDAY 21 <sup>ST</sup> APRIL	CLOSED
TUESDAY 22 <sup>ND</sup> APRIL	8AM TO 5PM
WEDNESDAY 23 <sup>RD</sup> APRIL	8AM TO 5PM
THURSDAY 24 <sup>TH</sup> APRIL	8AM TO 5PM
FRIDAY 25 <sup>TH</sup> APRIL	CLOSED
SATURDAY 26 <sup>TH</sup> APRIL	8.30AM TO 12PM

*Wishing everyone a safe and happy Easter*

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1 White Tubular Single Bed  
Wooden Lattice Base with Mattress **\$150**

1 Three Seater Lounge with cover if  
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2 Comic Pictures in Glass Frames **\$15**  
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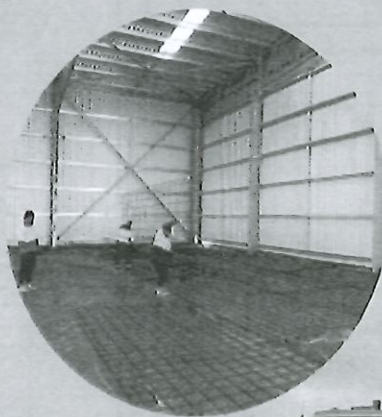
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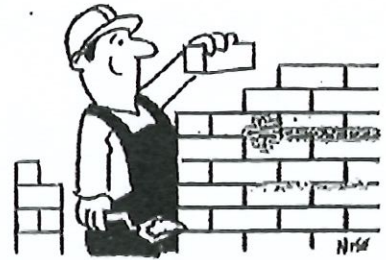
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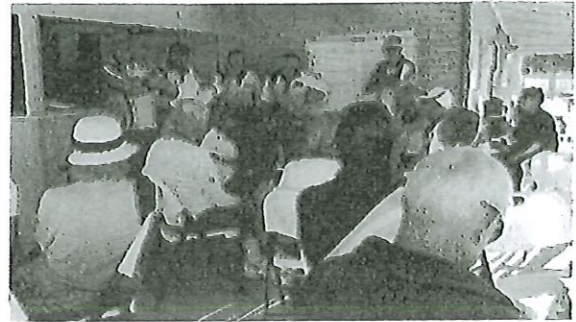
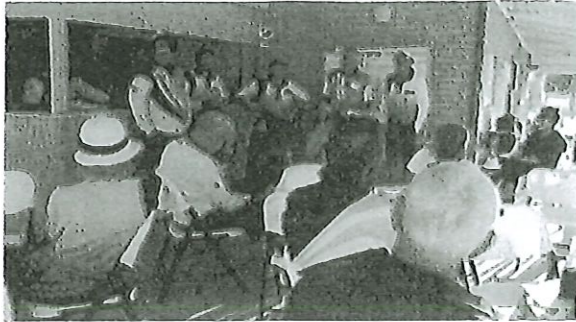




## SPORTS NOTES

### LAKE YEALERING BOWLING CLUB

**Wednesday 19<sup>th</sup> March 2025** SUMMIT OPEN DAY ANY COMBINATION TRIPLES



**WINNERS** – Pingelly Team

**SECOND** – Corrigin Team

Narrogin Team were the Third Place Winners, sorry no photos were taken. Great friendly rivalry made the day a huge success.

**Saturday 22<sup>nd</sup> March 2025** Preliminary Pennant Final for 2<sup>nd</sup> Division Upper Great Southern Bowling League in Williams Yealering v Pingelly. Yealering Won

**Sunday 23<sup>rd</sup> March 2025** Grand Final for 2<sup>nd</sup> Division Upper Great Southern Bowling League in Brookton. Yealering v Brookton. Brookton Won, Yealering Runner-ups. **FANTASTIC.**

**Sunday 30<sup>th</sup> March 2025** League Championship Fours & Singles at Pingelly

**Friday 11<sup>th</sup> April 2025** Season Wind-up Dinner 6.30pm at the Club Rooms.

**Tuesday 29<sup>th</sup> April 2025** Bowling Club AGM 7pm.

**COME AND GIVE LAWN BOWLS A GO.**

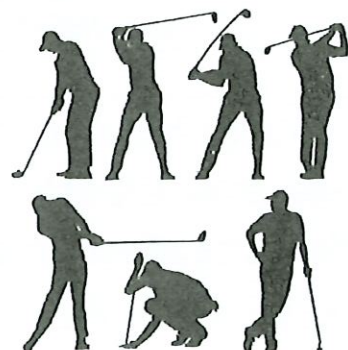


### Wickepin Golf Club

#### Busy Bee

**Wednesday 2<sup>nd</sup> April 8.30am**

**Enquiries to Graeme 0429881032**





## LAKE YEALERING GOLF CLUB

Golf season is once again on us and the Golf Club **Open day is Saturday 12<sup>th</sup> April 2025**. Stableford Round, names in by 12.30pm for a 1pm tee off. Everyone welcome so dust off your clubs come and join us for a fun, friendly day. Probably some rusty golf to start the season.

There will also be an all day Busy Bee on **Friday 11<sup>th</sup> April 2025** starting at 8.30am. All help welcome and greatly appreciated, to tidy the course up for Open day.

We look forward to seeing a good turn out on both days.



## Indoor Carpet Bowls

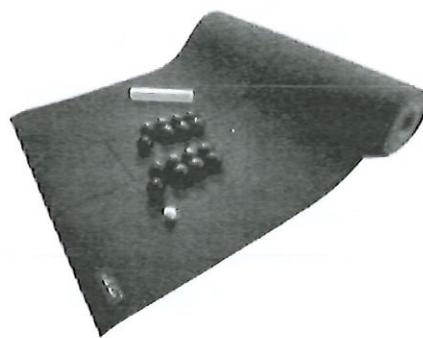
Looking for new Over 60s members.

The Shire of Wickepin has kindly waived the fee on the hire of the Community Centre, thus making it free of charge.

We really need more muscle (men) to handle the mats. (three)

From 1.00 to 3.00pm Wednesdays.

It's just a fun time.



## WICKEPIN BOWLING CLUB

### GRAND FINAL WINNERS

#### MEN

1<sup>st</sup> Division - Narrogin defeated Brookton

2<sup>nd</sup> Division - Brookton defeated Yealering

### Scheduled Events

31.03 - 05.04.25 Ladies Country Week

26.04.25 Brownies Day - Williams

04.05.25 AGM / Presentations / Lunch  
Norm White Day

AGM 04.05.25 – 10.30 AM

Please show support for our club

**Your attendance matters**

**TO KEEP THE BOWLS ROLLING**

### LADIES LEAGUE CHAMPIONSHIP FOURS

Were played in Pingelly on Tuesday, March 18<sup>th</sup>, and it was HOT in more ways than one! Wickepin 1 sizzled on the green, defeating Pingelly 1 and Brookton 2, only to then have Williams 1 douse their flames in the final match to win the championship 14-11. Congratulations Williams! In the Plate, Wickepin 2 gave it their all, but despite a huge effort - Brookton 1 just wouldn't budge! Congrats to Pingelly 1 for their plate win!

### MEN'S LEAGUE CHAMPIONSHIPS

On Sunday 30 March, in perfectly mild conditions, Pingelly were also host to the Men's Championship Singles and Fours! Congratulations to Singles Champion Dave Harris of Narrogin and the Fours winning team from Brookton.

### LADIES COUNTRY WEEK

Wishing our fabulous ladies the best of luck at Country Week



President: Paul Taylor  
 Secretary: Alison Johnson  
 Treasurer: Ruth Bailey  
 Email:  
 banksiabowmem@gmail.com  
 Contacts: Paul 0427 196 520  
 Address: P.O. Box 33, Wickepin  
 49 Campbell Street, Wickepin



We have a team of four participating in an outdoor shoot at York Club which will be quite demanding, being through the bush. Hope to have some pictures later.



## Local Footy is on its Way

**Round 1**

**Saturday 26<sup>th</sup> April**

**Wickepin VS Narrogin Hawks  
at Narrogin**

**Round 2**

**Saturday 3<sup>rd</sup> May**

**Wickepin VS Wagin  
at Wickepin**





## REGIONAL COLUMN

[www.demirs.wa.gov.au](http://www.demirs.wa.gov.au) [www.wa.gov.au](http://www.wa.gov.au)

6 March 2025

**With Senior Regional Officer for the South West Annetta Bellingeri**

### **Paying extra? What to know about surcharges**

Have you found yourself paying \$17.45 for two flat whites on a public holiday? No, the price of your morning coffee hasn't gone up, you were most likely hit with a surcharge.

Hospitality businesses often charge a surcharge on public holidays to cover higher wage costs. Staff must be paid penalty rates on weekends and public holidays, so your favourite café, restaurant or pub may pass on these extra costs to you.

Paying a surcharge should never come as a surprise. You should be made aware of any weekend or public holiday surcharges before you decide to order or buy from a restaurant, pub or cafe.

The menu or price board must include the wording '**a surcharge of [percentage] applies on [the specified day or days]**'. This statement must be easy to see and noticeable, so you know the price displayed won't be the final price charged on those specified days.

Alternatively, if the menu does not list prices, the information about the surcharge must be displayed in some other obvious way so you're aware **before** you order. This could be a large sign at the door or at the cash register.

So, if your local pub fails to let you know your pint of beer is going to cost a little more on a public holiday, this may be a breach of the Australian Consumer Law.

Another type of common surcharge is credit card surcharges. The good news is there are rules about this too. Card surcharges are permitted under the Australian Consumer Law, however the fee must only reflect what it actually costs the business to process the payment, such as bank fees or terminal costs. If a business charges a payment surcharge, it must be able to prove the costs it is based on.

If there is no other way for you to pay without incurring a surcharge, then the business must include the fee in the total cost. For example, your local café charges \$5 for a coffee, but they do not accept cash, and all card payments are surcharged. Then it is not possible for you to buy that coffee at \$5. If the surcharge is 1% then the price displayed must clearly be \$5.05 so you can easily tell how much your coffee really costs.

In the same way a hospitality business must let you know about surcharges; they must also let you know if they don't accept cash.

Remember, purchasing goods or services is entering into an agreement with a seller. You do not have to agree to make the purchase if the payment methods or final price aren't acceptable to you.

If you feel you have been misled by a business about surcharges, have a chat with them first about it and see if they can help rectify it. Otherwise, report it to Consumer Protection – 1300 30 40 54 or [consumer@demirs.wa.gov.au](mailto:consumer@demirs.wa.gov.au)



## WEEKLY IN THE WICKEPIN SHIRE

### Mondays

Watershed News every second Monday @ CRC.

Fit Pursuit 5.45-6.30am @ Wickepin Community Centre.



### Tuesdays

She Shed He Shed 9am-12pm @ Old Recycling Shed, Richter St.

Pathology Service-By Appointment Only @ Wickepin Health Centre, Ph 9888 2222

Yoga 6-7.30pm @ Harrismith Hall. All welcome. During school terms. Info. Ph. Tara: 0427 333 171

### Wednesdays

Social Arts & Crafts 9.30am @ Joyner St.

Chair Aerobics 9.00-10.00am @ Wickepin Health Centre.

Indoor Bowls 1pm Wickepin Community Centre.

Wickepin Sports Club open from 5pm for Happy hour 6-7pm.



### Thursdays

Fit Pursuit 5.45-6.30am @ Wickepin Community Centre.



### Fridays

Wickepin Playgroup 9-11am during school term. Ages 0-5 @ Playgroup Building in Campbell St.

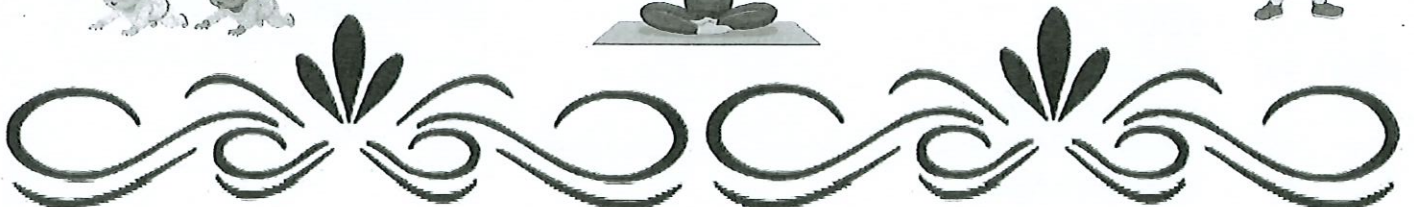
Wickepin Sports Club open from 5pm for Happy hour 6-7pm.

### Sundays

Banksia Bowmen Archery – Summer Shoot Time 9am @ Wickepin Community Centre.

Commencing Sunday 16<sup>th</sup> March to Sunday 4<sup>th</sup> May Inclusive. Equipment is available for come and try.

Anglican church - 8am every 1<sup>st</sup> & 3<sup>rd</sup> Sunday.





# COMMUNITY CALENDAR 2025

## APRIL

Tues	1 <sup>st</sup>	April Fools Day
Wed	2 <sup>nd</sup>	Wickepin Primary School Storytime 0-4 years 8.40am
Wed	2 <sup>nd</sup>	Wickepin Golf Club Busy Bee 8.30am
Thur	3 <sup>rd</sup>	Shire Rates, 4 <sup>th</sup> instalment due
Fri	4 <sup>th</sup>	Communi – Tea
Fri	4 <sup>th</sup>	Wickepin Bowling Club AGM
Wed	9 <sup>th</sup>	CRC Committee Meeting 5.30pm
Fri	11 <sup>th</sup>	Wickepin Primary School ANZAC Ceremony
Fri	11 <sup>th</sup>	School Term Ends
Mon	14 <sup>th</sup>	<b>Watershed News</b>
Mon	14 <sup>th</sup>	Recycle and Bin Day
Tue	15 <sup>th</sup>	Drum Muster, Contact Shire of Wickepin to book 98881005
Tue	15 <sup>th</sup>	School Holiday Easter Craft 10.30am Wickepin CRC
Fri	18 <sup>th</sup>	Easter Good Friday
Mon	21 <sup>st</sup>	Easter Monday
Tues	22 <sup>nd</sup>	School Holiday Anzac Biscuit Baking 10.30am Community Centre
Fri	25 <sup>th</sup>	Anzac Day. War Memorial Campbell Street @ 9.30am
Mon	28 <sup>th</sup>	<b>Watershed News</b>
Mon	28 <sup>th</sup>	Recycle and Bin Day
Mon	28 <sup>th</sup>	St John First Aid Course 8.30am – 4.30pm \$170.00 Wickepin Community Centre
Mon	28 <sup>th</sup>	School Term 2 starts
Tues	29 <sup>th</sup>	Scam Awareness Workshop @ 1.30pm CRC
Wed	30 <sup>th</sup> -2 <sup>nd</sup>	School Camp Woodman Point

## MAY

Fri	2 <sup>nd</sup>	Communi – Tea
Sun	11 <sup>th</sup>	Mothers Day
Mon	12 <sup>th</sup>	<b>Watershed News</b>
Mon	12 <sup>th</sup>	Recycle and Bin Day
Mon	26 <sup>th</sup>	<b>Watershed News</b>
Mon	26 <sup>th</sup>	Recycle and Bin Day

## JUNE

Mon	2 <sup>nd</sup>	Public Holiday WA Day
Wed	4 <sup>th</sup>	CRC Committee Meeting 5.30pm
Fri	6 <sup>th</sup>	Communi - Tea
Mon	9 <sup>th</sup>	<b>Watershed News</b>
Mon	9 <sup>th</sup>	Recycle and Bin Day
Mon	23 <sup>rd</sup>	<b>Watershed News</b>
Mon	23 <sup>rd</sup>	Recycle and Bin Day

## JULY

Mon	7 <sup>th</sup>	<b>Watershed News</b>
Mon	7 <sup>th</sup>	Recycle and Bin Day
Tue	15 <sup>th</sup>	DrumMuster, Contact Shire of Wickepin to book 98881005
Mon	21 <sup>st</sup>	<b>Watershed News</b>
Mon	21 <sup>st</sup>	Recycle and Bin Day
Thur	31 <sup>st</sup>	Facey Group Annual Women In Agricultural Event

