Watershed News

PO BOX 60 WICKEPIN WA 6370
ABN 96 234 351 594
A fortnightly paper for the areas of
Dudinin, Toolibin, Tincurrin,
Harrismith, Yealering and Wickepin

lottery west

15th May 2018

Biggest Morning Tea



From 10.30am Fríday 25th May 2018 At Facey Homestead Park

Letters to the Editor

Good Day

As you may have heard my wife Sue & I intend providing a Bistro style meal at the Wickepin Sports Club, hopefully beginning on 1st June 2018 This will be to provide meals for not only the Golf club but to those from the community who wish to avail themselves of this service. Bookings are certainly advised however if tables are available for those who want a meal at late notice and a table is available then we can and will accommodate.

Meals will be on a rotation basis with each evening we are open featuring different choices. If a special dietary need then please let us know and we will do our best to satisfy that need also if you have any allergies.

Hours will be 6 pm until 9pm. Initially meals will be alternating between Friday and Saturday on a 2 week rotation beginning on the 1st June. If patronage warrants we will consider two nights a fortnight or week about Friday/Saturday.

Theme nights will be held with French, Italian, Asian, Malay and other countries traditional food presented. We also hope to have a very experienced, attractive and personable cocktail bar-person in our niece Zoey from Perth perhaps once a month to bring some zing to the night.

As Chef, I will do the best I can with what is at hand to make everyone's night memorable for all the right reasons. I spent over 20 years as Chef at some top restaurants both here in the West and interstate so hope to make **The Tukkawickie Bistro** a great night out.

We will be buying as much as possible from suppliers in the area & have already sourced some quality produce.

Here's hoping this will be a successful venture which we all can enjoy.

John & Sue Mearns 0467035810 (especially for bookings for the 1st June)

Dear Editor.

I am fairly new to Wickepin so cut me some slack but after the past 30 years up north in the mining industry, I find very annoying the practice of many heavy haulage trucks using their exhaust brakes to slow down when coming into town.

All know where this town is & know how to slow down without resorting to the noisier version of braking to come down to 50 kph.

Some towns have signs asking the exhaust brakes not be used due to their noise as in the signage on the hill into Narrogin at our end, it asks for the likes of truckies to please limit noise. We don't have those at the east end of town or the hill coming into Harrismith. Perhaps this can be done by works dept or Council.

Here's hoping that some consideration is given to those who may be on shiftwork or the sick or have babies trying to sleep during the day.

Please feel free to respond if you feel I have overstepped in any way. Kind regards John Mearns Wickepin 0467025810



Shire News



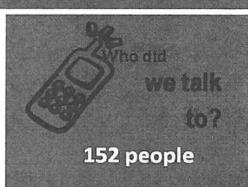
The community is now being given the opportunity to comment on the draft Strategic Plan before being adopted by Council.

Copies of the strategic plan are available on our website, Ewen's, Jean's and the CRC.



Your Priorities

- Maintenance and improvement of road infrastructure
- Capturing the opportunity of Lake Yealering
- Aesthetics of town sites, parks and gardens
- Planning and growing the tourism experience
- Residential and commercial land assembly, housing and business development
- · Supporting the agricultural industry
- Promoting our lifestyle with amenity development
- · Youth activities and support services



(21.1% of total population residing in the Shire)

- ✓ Business Owners
- ✓ Randomly selected ratepayers—phone and in person
- ✓ Rate-payers who replied to the survey
- ✓ Office bearers and members of community and sporting groups
- ✓ Lead organisations—schools, police, medical centre and CRC etc
- √ Councillors
- √ Advisors to the area

www.wickepin.wa.gov.au PH 9888 1005

NEXT STEP >>>>

Council will develop their forward plan from your feedback and provide public comment in May

Council Dates

Wed 16 May 2018

Ordinary Council Meeting – Commencing at 3.30pm

Wed 13 June 2018

Townscape and Cultural Planning Committee

Wickepin Health Service

Annual Influenza & Pneumococcal Vaccination Clinic

Venue: Wickepin Health Service 28 Johnston Street, Wickepin

Date:

Wednesday 23rd May 2018

9am - 4pm

No appointment required.

To check your eligibility and register interest in the clinic please contact the Wickepin Health Service on 9888 2222

Eligibility criteria for free influenza and pneumococcal vaccines

Influenza Vaccine

- 1. Persons aged 65 years or older
- Indigenous Australians aged 6 months and over
- 3. Children 6 months to less than 5 years of age
- All individuals aged six months and over with medical conditions predisposing to severe influenza
- 5. All pregnant women

Pneumococcal Vaccine (one dose in total)

- 1. Persons aged 65 years or older
- Children 3.5 4 years with a medical at risk condition
- 3. Indigenous persons 15 years or older
- 4. All individuals above 15 years with a medical at risk condition

Friday 25th May

AUSTRALIA'S





(4) FACEY HOMESTEAD PARK

(OR THE WICKEPIN COMMUNITY CENTRE ON CAMPBELL ST IF ITS RAINING)

Help us fund Cancer research, education and support services!





Happy Birthday

Archer Miller 18/5/2011

Campbell Leeson 28/5/2008





CRC NEWSLETTER
May 2018,
Issue 8

DATES TO REMEMBER

May 25: Biggest Morning Tea

June 14: Gut Health & Fermentation

Workshop





SAVE OUR CRC!!

The future of CRC's is still uncertain. We need YOUR help to show our local members of parliament our value within our community!! Please come by the CRC and fill in one of our short postcards! You could mention one of the services we provide, or an event/training that you have attended. Every little bit of support helps!!

Thank you to everyone who attended the

LOOSE ENDS

performance on Thursday May 10. We were treated to an extremely clever and inventive show which was very funny, and also promoted the importance of having a friend! Some lucky school kids were picked for a guest starring role much to their



delight. Thanks to Country Arts WA and ACT- BELONG- COMMIT for bringing this fantastic show to Wickepin!





Kodak



1/2 Price

June



On all of our Kodak

Machine prints, books, cards and more!



We regret to inform you that the CRC is unable to offer Motorbike Training

and Licensing at this time, due to the availability of trainers who were willing to come to Wickepin and a large cost per participant.





Just a reminder that our 'Free Book Friday's' are continuing until we have reduced our stock! So come in and grab some new reading material!



Opening Hours

Monday > Friday 9.00a.m. > 4.30p.m Closed Public Holidays P: 9888 1500, F: 9888 1588, E: wickepintc@westnet.com.au

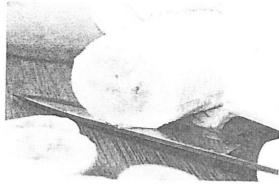
IN THE KITCHEN

All About Lemons

Make Perfect Poached Eggs

To make sure that your poached eggs are perfect, squeeze a few drops of lemon juice into the boiling water. Swirl the water around and then drop in the eggs.

If you are into making smoothies you may have noticed exactly the same browning problem. It look less appetizing, even though it may still taste delicious. Just add a few drops of lemon juice into the smoothie-maker or electric juicer for all the original colours to be retained.



Joint and Nerve Pain

Lemon juice has anti-inflammatory and cooling properties, so it is ideal for applying directly to troublesome joints and painful limbs, including areas that might be suffering from neuralgia. The simple solution is to warm the juice of a lemon and apply it directly to the affected area. Repeat the treatment each hour for at least half a day.

As an alternative you could try putting three drops of lemon oil into a little almond oil and using this as a massage oil for the affected area.

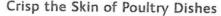
Keep Lettuce Crisp

Lemon juice can be used to stop a lettuce from going limp or from browning after you've cut it. To revive your lettuce drop it into a bowl of cold water that has had the juice of half a lemon added. Pop the bowl into your refrigerator for an hour and the lettuce will recover and be fresh and crispy again.



Stop Boiled Eggs from Cracking

If you dab egg shells with lemon juice before you pop them into boiling water then the shells should not crack. To be doubly sure you could also add some more lemon juice to the boiling water. This will also make it easier to peel the eggs.



Whether it be chicken or duck, rub a lemon over the skin before you begin cooking your dish. This will help to ensure that your poultry has delicious, crispy skin.



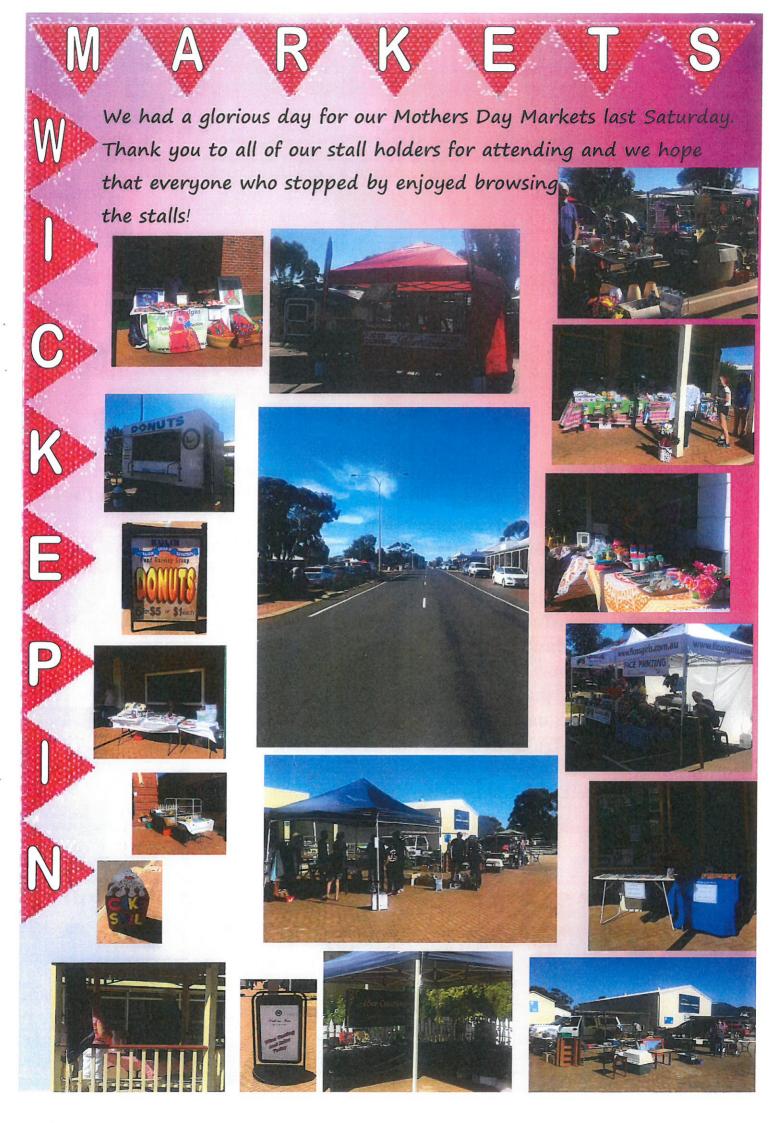
The natural, earthy taste of mushrooms is enhanced by squeezing a little lemon juice over them as they cook. This works regardless of the method of cooking you are using.



Anti-Inflammatory

The lemon can work as a wonderful anti-inflammatory. Squeeze half a fresh lemon into a glass and add 1 tsp of agave (a natural sweetener from Mexico or South Africa). Alternatively, add 10 drops of stevia, another sweetener and part of the sunflower family. Add a tiny amount of turmeric to taste and top up the glass with spring water. Drink this anti-inflammatory internal cleanser every two hours and drink plenty of water in between each dose.

Handy hints and tips are not always tested by us at the Watershed but have been sourced from "fairly" reliable outlets and are printed with good intentions. Please be careful especially if using our recommendations on family heirlooms and irreplaceable items as we take no responsibility for any damage.



Genset Hire and Sales

28 Felspar Street Welshpool WA 6106

For all your Generator and Fuel Tank needs

Hire or Purchase

W A Agents for Fes Tanks

Fuel Equipment Specialists

Ring Mark on 08 9359 1988

For local contacts ring Phil 0428881156 or Hazel 0427881156

Classifieds

For Sale:

Riso Soyink- S 4203-3 available

Risograph Master A3- S3379 -3 available

Risograph- RisoRP 3100AW - available if anyone interested.

phone 9888 1500

Wanted:

A house to rent in or around Wickepin or Harrismith.

Our details are Peter and Julie Thompson, Tincurrin Transport,

Phone number 0428 424 050, 9883 2051

WE WANT YOUR ADS!

To advertise any item in the Watershed Classifieds is free for two weeks, so send in your ads!

Email your ads to watershed@wn.com.au, drop them at the Community Resource Centre or fax to 9888 1588

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Trade Directory



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G.S & B Madej

- Concreting
 - Bricklaying
 - Brick paving
 - Liquid Limestone / concrete



Greg: Mob: 0427 812 006 Ph: 9881 2006

Email: gsbmadej@westnet.com.au





Trade Directory





- ♦ Bobcat
- ♦ Excavator
- ♦ Ditchwitch
- ♦ Post Hole Digger
- ♦ Tip Truck

Dews Excavations

- Shed Pads
- Subsoil Drains
- Septic Tanks
- Leech Drains
- . Trenching for Utility Connections
- Drainage
- Yard Clean Ups
- Yellow Sand
- Gravel
- Bluemetal
- Cracker Dust
- Road Base
- Garden Soil



Call Rob on 0428 836035

Locally Owned, Locally Operated and Serving the Community Since 1985



121 Federal Street, NARROGIN 9881 2288

Clinic Hours:

Monday, Tuesday & Friday 8.30am to 5.00pm

email: familyeyecare@westnet.com.au

Also at: 173 Clive Street, KATANNING 9821 1600

Clinic Hours:

Wednesday & Thursday 8.30am to 1.45pm and 2.30pm to 5.00pm



Phone: 9063 2911 9063 2922

Harris Zuglian Electrics ABN: 85 034 929 787 ACN: 141 014 306

For all your electrical works, repairs and installations in the Wickepin and Districts area.

Phone:

Gary Harris DR Aaron Steele 0417 632 289 0417 632 298



"Moved to Wickepin"

Email:hzelectrics@bigpond.com

Will Quote from Yealering to Narrogin

JOHN'S GARDENING



Maintenance Weeding Garden Makeovers

Phone John Mearns johnmearns@y7mail.com 0467 035 810



Wickepin Golf Club



On Saturday 5th May we contested the coveted Patron's Putter and Patroness's Tray. The Patron's Putter was won by Geoff Sims +2 on a countback from Greg White. The Patroness' Tray was won by Jenny Hemley. Rob Mullan won a longest putt and NTP on 11 and Wendy Butler won NTP on 9. Roger bribed his wife to choose his name to win the Birdie money. Thank you to our esteemed Patrons Frank Bird, Cyril O'Brien and Marj White for providing the trophies.

On Saturday 12th May we competed in a Stableford round sponsored by Amcal Chemist. The winner was Michael Green on 39 with Jenny Hemley Runner Up on 38. Paul Harris won the NTP on 11 and Graeme Wyllie was the recipient of our newest - muchly sought after - novelty price for shortest drive on 5. Michael Green had a real day out, also winning longest last shot on 14, NTP on 1 and the Birdie money.

Upcoming Golf Fixtures:

Saturday, 19th May Stroke – 2nd Qualifying Round Saturday, 26th May Stableford

sponsored by Perkins Machinery sponsored by Sportspower



Wickepin Football Club Fixtures 2018

Round	Date	Against	Venue
GENERAL	BYE-20 MAY (exce	ept Wickepin and Wagin)	
Round 6 (Rescheduled game)	Sunday 20 May		
Round 5	Sunday 27 May	Narrogin	Narrogin
WICKEPII	N BYE - 3 JUNE (du	ie to rescheduled game)	
Round 7	Sunday 10 June	Brookton/Pingelly	Brookton
CO	LTS CARNIVAL 1	6-17 JUNE	
Round 8	Sunday 24 June	Kukerin/Dumbleyung	Dumbleyung
Round 9	Saturday 30 June	Katanning	Katanning
	LANDMARK 6-8	BJULY	
Round 10	Sunday 15 July	Boddington	Home
Round 11	Sunday 22 July	Williams	Williams
Round 12	Saturday 28 July	Narrogin	Home
Round 13	Sunday 5 August	Wagin	Darkan
Round 14	Sunday 12 August	Brookton /Pingelly	Home
First Semi Final	Sunday 19 August		Wickepin
Second Semi Final	Sunday 26 August		Williams
Preliminary Final	Sunday 2 September		Brookton
Grand Final	Sunday 9 September	<i>w</i>	Boddington

WICKEPIN LADIES HOCKEY CLUB

Saturday 5th May 2018

Pingelly vs Wickepin @ Pingelly 3pm

It was a very warm day but we had more than our usual numbers. Thank you very much to Jamie Warner, Amelia Burrows, Kelly Steere, Jessica Hughes and Breanna Pike for giving us the extra legs and your huge efforts. Shirley Ahrens injured herself at training so she took the sideline and coached and Jamie was our goalie. As usual this is a very hard game against Pingelly, but both sides challenging each other. Forward line consisting of Renae Bransby, Kelly Steere, Stacey H, Steph K, Kiara, Aleiah and Jade rotating with Amelia, Jessica and Breanna all getting in parts of the play some tackling hard getting some good runs and keeping Pingelly on their toes. In the backline Jamie deflecting many goals in goalie, Jody Matthews, Megan Owen, Stefie Green, Caitlyn and Stacey R keeping the defence strong in tackling, turning the play over and ball controlling/runs were amazing.

Pingelly very strong on the ball, intercepting several times and play is in Pingelly's attacking zone, they receive a couple of shorts. No luck either times Jamie boots ball out wide and together Megan and Stefie run the play, through centreline to Renae, whom dodges Pingelly players out wide to Reeble into the top of D, Relly Steere pushes ball closer to our goals, Pingelly holding it out and Stacey H taps it in. I-O! Back to centre with Riara, Renae, Relly, Aleiah, Stacey H, Stefie and Jody all in a midfield game of ping pong, Pingelly now has ball, Jody turns the ball over and has a good run off to Riara and Stefie good team work all, into Wicky's goal area and short is called. Reeble pushes out to Renae who taps to Stefie at the top, aims for goal, deflected by Pingelly goalie, Kelly hits in from left and SCORE. Half time score 2-0. Pingelly having more play this half, both sides putting up strong attack and even stronger defence no score and well done to Amelia, Kelly, Breanna and Jessica for taking field and getting some play. Umpire votes went to Renae, Megan and Stefie and well deserved spectator vote to Kelly Steere kindly sponsored by T.C. Williamson & Co.

	8			
vs	WILLIAMS	2.40pm	at	TURF
VS	BROOKTON	2pm	at	BROOKTON
VS	WAGIN	2pm	at	WICKEPIN
vs	ALLBLACKS	1.15pm	at	TURF
VS	WARRIORS	2pm	at	WICKEPIN
VS	WILLIAMS	3pm	at	WILLIAMS
vs	ROBINS	4.05pm	at	TURF
vs	ALLBLACKS	2pm	at	WICKEPIN
VS	BROOKTON	2pm	at	WICKEPIN
VS	WAGIN	1.30pm	at	WAGIN
vs	PINGELLY	2pm	at	WICKEPIN
	VS	vs BROOKTON vs WAGIN vs ALLBLACKS vs WARRIORS vs WILLIAMS vs ROBINS vs ALLBLACKS vs BROOKTON vs WAGIN	vs BROOKTON 2pm vs WAGIN 2pm vs ALLBLACKS 1.15pm vs WARRIORS 2pm vs WILLIAMS 3pm vs ROBINS 4.05pm vs ALLBLACKS 2pm vs BROOKTON 2pm vs WAGIN 1.30pm	vs BROOKTON 2pm at vs WAGIN 2pm at vs ALLBLACKS 1.15pm at vs WARRIORS 2pm at vs WILLIAMS 3pm at vs ROBINS 4.05pm at vs ALLBLACKS 2pm at vs BROOKTON 2pm at vs WAGIN 1.30pm at

WICKEPIN NETBALL CLUB



Round 2-5/5/18

Seniors:

Wickepin Warriors A1: BYE Wickepin White A3: BYE

Wickepin Red A2: Round 2 and our first win for the season! We got off to a slow start against Williams but came back in the 2nd quarter, showing more composure and want for the ball. Our defence in the goals was strong and Susie McDougall a superstar in shooting! Once we settled it was a great team effort to get on top and take the win. Well done ladies – Wickepin 33 to Williams 27 Umpire votes went to Hilary Wittwer (3) Coach - Emily Davey

Juniors:

Wickepin Woodpeckers: BYE

Wickepin Wagtails: The Wagtails played a great game in round 2. Kate Bennier got her eye in and shot many goals combining well with Kirsty who assisted well. The 2 Emily's combined well in defence, showing great sportsmanship, letting the opposition having a go. Aleisha provided leadership up the court, making sure everyone knew where to pass.

Hannah Green played the whole game, showing promise in WD and WA. Justin ran well in C combining well with Zoe playing WD. Ainslie was a star in WA passing well and returning to the court after a brief stumble. Another great game!! A bye in round 3 should see us well rested for round 4. Coach – Andrea Cooke-Bennier

Wickepin Wallabies: Pingelly 30 def Wallabies 22. Pingelly jumped out to a big lead at quarter time and we were never able to get it back. However it was another solid team effort and the fighting spirit until the end was very impressive!! We outscored Pingelly in the last quarter – a fabulous finish. Everyone is playing their positions well – I think we can beat this team next time we meet. Great game Taylor and Hayley. Thanks to Morgan for umpiring. Coach – Jo Doncon

Round 3- 12/5/18

Seniors:

Wickepin Warriors A1: A bus trip is always fun...but climbing beanstalks is not! We came out strong and led in the starting term against Williams however the blonde giant emerged and no matter how hard the 'jacks' tried to climb we just lacked in height and their scores dominated over ours! The score however did not reflect the well oiled machine that the team was on court; unfortunately the home ground worked in Williams advantage (on this instance) and we just lacked a bit of height on the day. Final score Williams (45) defeated Wickepin (38), with umpire votes to Helen Wyatt (2) Coach – Sarah Hyde

Warriors Red A2: BYE

Warriors White A3: Our girls stepped up really well to Williams in very hot conditions. Everyone played extremely well, you could see them combining well as a team, there was a huge step-up in the game by all players. As the game went on the game it got very physical, the girls played really well putting in a great effort and applying pressure all the way down the court. With a great contest all game we only went down by 7 goals, final score being Williams 25 to Warriors 18.

Umpires votes Kerryn Ewen (2), Meg Wyllie (1) Coach - Marion Hook

Juniors:

Wickepin Woodpeckers: Hard fought game today girls but what an amazing effort to keep a strong side like Williams to only 4 goals! Kyla and Bailey my little superstars for the week had their hands on everything. Kyla running around with your arms down and getting your hands up for quick intercepts was an amazing effort and Bailey your dodging from our backline passes was perfect! Special mention goes to Lucy, the one thing I told her to work on was put into action this week and nailed it. Great effort girls, see you at training. Coach – Michelle Miller

Wickepin Wagtails: BYE Wickepin Wallabies:

Williams 5, 16 def Wallabies 15. What a hard fought close game against some giants that we narrowly lost! Another fabulous effort by the team, evident of some very red faces – you all tried so hard. Again our team got out to a comfortable lead but were unable to maintain it, missing out by one goal. A great effort considering the opposition had very long arms and legs. A fabulous effort by Jordee and luckily we had our tallest member Cooper in defence who rebounded well! Keep it up team. Thanks to Morgan for umpiring. Coach – Jo Doncon

Wickepin Golf Club

Busy Bee @ 3pm

Friday 18th May 2018

